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WORLD KARATE CONFEDERATION

1

Categories **SENIORS** 18 years +

All competitors must be the minimum age of 18 years on the day of competition!
No exceptions.

Unlimited Entry for all Categories

Kata Individual

male & female

All Kata **must be** from the official WKC kata list: *Rules of Karate Competiton*
Part D, Article 9, Appendix IV.

Kata Team
male & female
per style
per federation

Kumite Individual
male & female

Shobu Sanbon (Fighting time: 3 minutes)

Weight categories:

Male: -68; -78; +78 kg

Female: -55; -60; +60 kg

Shobu Ippon (Fighting time: 2 minutes)

Male: Open weight

Female: Open weight

Kumite Team
male & female

in Shobu Ippon and in Shobu Sanbon
3 competitors in one team (+1 reserve)

2



Categories
SENIORS
40 years +

All competitors must be the minimum age of 40 years on the day of competition!
No exceptions.

Unlimited Entry for all Categories

Kata Individual

male & female

All Kata **must be** from the official WKC kata list: *Rules of Karate Competiton*
Part D, Article 9, Appendix IV.