



XXIV GRAND KARATE TOURNAMENT OF VILA DAS AVES

XVI INTERNATIONAL- V PRESIDENT JOÃO SALGADO TOURNAMENT

REGULATIONS

1. This tournament will take place in the Municipal Sports Pavilion of Santo Tirso, on the 13th of January 2018, commencing at 9am.
2. The tournament is disputed in Kumite and Kata, male and female, being that each club may only sign up two athletes per age group. 10+ years old, FNKP's Kata's rules.
3. In the 10/11 age group, the time is 1 minute. There will be pauses for scoring, and to penalize.
4. In the 10/11 age group, JODAN attacks are permitted, although, it is forbidden to touch even with feet. The compulsory protection equipment for this age group is: karate mitts, foot protection, and gum shield.
5. In the 12/13 age group the FNKP rules apply, and the time is only 1 and a half minutes.
6. For the other age groups, the official W.K.F (F.N.K.P) rules apply.
7. The official weight categories for the male and female competitors, cadets, juniors, under21 and seniors, will apply. At kata's or kumite competition, sub21 will be able to can in seniors, being the only situation where one's can compete in two stances.
8. For the kata competition, the 10/11 age group has 2 basic katas, after followed by tokui kata, and the other age groups follow the WKF rules.
9. **A Kata Competition for athletes with Down Syndrome will take place.**
10. The age that is considered is that of the official EKF/WKF competitions.
11. An official identification document is compulsory, to present when requested.
12. The organization is not liable for accidents that may occur during the competition. All athletes residing in Portugal must be registered in the FNKP, and updated the respective insurance.
13. **Each entry has the cost of 10€ per athlete and per competition. The payment must be made before the registration to the NIB: 00350860000931523040 (Karate Shotokan de Vila das Aves) and the proof of payment must be sent to jfernandeskarate@gmail.com, without it the athletes will not be entered into the draw.**
14. Foreign clubs can pay the registration on the day of the tournament.
15. All doubts and problems which may arise will be resolved by the tournament organization.
16. **All entries must always be filled in the following webpage: <http://openvildadasaves.kimura.pt> , Until 2th January 2018.**
17. The competition draw and the program will be available in <http://openvildadasaves.kimura.pt> and <http://karatesva.com> from the 6th of January 2018.

All the clubs should print the respective draws, seeing that these will not be available on the day of the tournament.

For additional information, contact:

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Support Câmara Municipal de Santo Tirso