

25.08 - 27.08

SPORTSKARATECAMP 2017

ELITE CAMP AND TOURNAMENT FOR FIGHTERS + 8 YEARS OLD

THE ORGANISERS

SPORTSKARATE.DK consists of the absolute best of the Danish karate elite. We are an extremely efficient trainer team of successful and experienced athletes. Our instructors have represented the majority of the Danish national team in karate for the past several years, and all instructors have won several Danish championships and medals at European and World Championships. We are the most successful elite-fighters in Denmark ever!

THE CAMP

SPORTSKARATE.DK Camp originates from a burning desire to create a framework for the elite among some of Europe's best karate fighters. Simply said, the young people are matched with equally skillfull fighters in hard training to be inspired, improve their skills, and first and foremost experience "randori" training and competition. Randori means continuous fighting, by which each fighter gets the possibility to train specifically in respect to individual needs against equal opponents from all over Europe.

FACILITIES

The training camp takes place in the center of Aalborg. We have Nordkraft Culture- and Sportscenter available for both training and tournament for all three days. It's possible to stay in classrooms in Nordkraft, all facilities are nothing but perfect for this year's training camp.



THE TOURNAMENT ON SATURDAY 26.08

WKF rules

The tournament is arranged in pools all against all.

Age	Boys	Boys	Boys	Boys	Boys	Boys	Girls	Girls	Girls	Girls	Girls
U11	-	-	-	-	-	-	-	-	-	-	-
U14	-33	-38	-43	-48	-53	+53	-35	-40	-45	-50	+50
U16	-45	-52	-57	-63	-70	+70	-47	-54	+54	-	-
U18	-55	-61	-68	-76	+76	-	-48	-53	-59	+59	-
+18	-60	-67	-75	-84	+84	-	-50	-55	-61	-68	+68

NB!

Children U11 will also be placed in categories after weight.

REGISTRATION BEFORE 11.08

PLEASE CONTACT ORGANISER IF YOU WANT TO PARTICIPATE:

allanbusk@gmail.com

PAYMENT CASH ON FRIDAY 26.08 AT THE REGISTRATION OR BANK TRANSFER

Account: 0001157339
Registration:..... 7459
IBAN account:..... DK74590001157339
SWIFT:..... NRSBDK24

- 60 euro per person for training all three days.
- 40 euro per person for full board all three days.
- 10 euro per person to participate in the competition.
- 10 euro for accomodation per person in a classroom in Nordkraft. Bring sleeping bags and air mattress.

**Nordkraft Culture - and Sportscenter
Kjellerups Torv
9000 Aalborg
Denmark**



HOTELS

HOTEL AALBORG
www.hotel-aalborg.com
100 meters from Nordkraft

FIRST HOTEL AALBORG
www.firsthotels.dk
200 meters from Nordkraft

CABINN AALBORG HOTEL
www.cabinn.com
200 meters from Nordkraft

RADISSON BLU AALBORG
www.aalborg.radissonblu.com
900 meters from Nordkraft

TIMETABLE

FRIDAY 25.08

Registration all fighters.....	15.00 - 18.00
Training (8-11 years).....	16.00 - 17.00
Training (12-13 and cadet).....	17.00 - 18.00
Training (Junior, U21 and senior).....	18.00 - 19.00
Dinner.....	18.00 - 20.00
Theory and tactic masterclass for all nationalteam fighters and coaches.....	20.00 - 21.00

SATURDAY 26.08

Breakfast.....	08.00 - 09.00
Training (8-11 years).....	09.00 - 10.00
Training (12-13 and cadet).....	10.00 - 11.00
Training (Junior, U21 and senior).....	11.00 - 12.00
Lunch.....	12.00 - 13.00
Tournament all fighters.....	13.00 - 19.00
Dinner.....	18.00 - 20.00
Social evning.....	20.00 - 22.00

SUNDAY 27.08

Breakfast.....	08.00 - 09.00
Training (8-11 years).....	09.00 - 10.00
Training (12-13 and cadet).....	10.00 - 11.00
Training (Junior, U21 and senior).....	11.00 - 12.00
Sandwich and bye bye.....	12.00 - 13.00