



An event dedicated to the International Women's Day

„Women's Karate Festival”

5th of March 2017

I. OBJECTIVES:

1. Promoting a healthy lifestyle and volunteering in sport.
2. Promoting karate as a new Olympic sport in Moldova, with equal opportunities for girls and boys
3. Organize a festive atmosphere for girls and women
4. Promoting sport as an alternative for girls to develop and express their individuality.

II. ORGANIZATOR:

The event is organized by the National Karate-Do Federation of the Republic of Moldova in collaboration with the International Olympic Committee and UN Women Moldova in accordance with the rules of the World Karate Federation (WKF).

President FNK RM - Oleg ABALIN

Referee - Alexei KOHANEȚ, international referee WKF

Organizing committee - Arina LIULCA

III. PLACE & DATE:

Adresa: Chișinău, str.A.Doga 22, University of Physical Education and Sports

9:00 – Registration of judges and athletes

9:15 – Judges briefing

10:00 – Start of the event

12:00 – Opening ceremony

IV. REGULI

The competition will take place according to the WKF rules - 9.1 using the round-robin system (4 or less athletes) and the elimination system for 5 athletes per category and more. Athletes may participate in the next age category. In case of one single athlete registered per category, this category will be merged.

KATA rules:

4 - 9 yrs – kata can be repeated in the next round

10–13 yrs – kata can be repeated every 2nd round, min 2 kata

14 yrs and above - WKF 9.1 rules

Disabled athletes can repeat the kata.

KUMITE rules:

- 1) 6 – 8 yrs FANTOM, duration– 45 sec. (tatami 6 x 6 m).
 5 – 9 yrs Kumite, duration of bout – 1 min. (tatami 6 x 6 m).
 10-13 yrs Kumite, duration of bout – 1.5 min. (tatami 8 x 8 m).
 2) Equipment according to WKF rules.

Dental protection, body protector, foot/instept and first protection is compulsory.

V. CATEGORIES

KATA individual:

4-5 yrs, 6 - 7 yrs, 8- 9 yrs, 10-11 yrs, 12 - 13 yrs, 14-15 yrs, seniors (16 yrs +)
 Kata for disabled girls: Kata visual impaired, Kata intellectual impaired

KATA teams:

<i>Nr</i>	<i>Age category</i>
1.	4-7 yrs
2.	8-10 yrs
3.	11-13 yrs
4.	14 yrs +

KUMITE individual:

<i>Age</i>	<i>Weight</i>
6-7 yrs	Open 1 min
8-9 yrs	Open 1 min
10-11 yrs	Open 1,5 min
12-13 yrs	Open 1,5 min
14-15 yrs	-54 kg, +54 kg 2 min
16-17 yrs	-59 kg, +59 kg 2 min
Seniors (18 yrs +)	Open 2 min

FANTOM:

<i>Age</i>	<i>Weight</i>
6-7 yrs	Fantom – 45 sec
8-9 yrs	Fantom – 45 sec

KUMITE team:

<i>Nr.</i>	<i>Age</i>	<i>Nr of athletes per team</i>
1.	5-7 yrs	3 sportive
2.	8-13 yrs	8-9 yrs – 1 athlete 10-11 yrs – 1 athlete 12-13 yrs – 1 athlete
3.	Cadet-junior-senior	Cadet – 1 athlete Junior – 1 athlete Senior – 1 athlete

Th order of the bouts will start with the youngest contestants.

VI. PRIZES:

Individual categories – medal & diploma. KATA teams – medal, diploma, cup.
 Only one third place will be awarded.
 All participants will receive flowers and gifts from partners.

VII. PARTICIPATION

All costs for the organization of the event will be covered by the organizers.

A meal during the event will be offered to all participants.

Entry fee 1 cat kata + 1 cat kumite – 11 EUR/ athlete for WKF members

Registration penalty after publication of official draws – 5 EUR/category

VIII. REGISTRATION

Online Registration is open until 27th of February 2017

<http://events.karatemd.org/#>

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www.karatemd.org