



GREECE 2016  
CHALKIDA

EUROPEAN **KARATE** SHOTOKAN  
CHAMPIONSHIPS  
**ESKA**



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## **1. Welcome – President of ESKA**

The European Shotokan Karate-do Association is grateful to the organising committee of the Hellenic Karate Organisation for organising our 31<sup>st</sup> European championship in the delightful seaside resort of Chalkida.

Following the success of the ESKA championship in Athens in 1989 it is a pleasure to return to Greece once more after such a long absence.

Every year at these championships we have been privileged to witness the most outstanding examples of traditional Shotokan karate from the many countries comprising ESKA. I'm sure that 2016 will be no exception.

As usual we are grateful for the work of all the referees, judges, table officials, the medical team and stewards who have all contributed to this championships. Most importantly we acknowledge the commitment and expertise of the competitors and their coaches in preparing for the challenges of international competition.

Our championships are characterised by the fiercely competitive nature of matches on the tatami and the high value placed on mutual respect and standards of etiquette. In the year that karate finally became an Olympic sport we look forward to an exciting event which will bring to Chalkida the very best of international Shotokan karate.

Richard Poole  
President  
European Shotokan Karate-do Association





## 1. The Organization

The bulletin

On the following pages you will find all necessary information required to plan the participation of your delegation to the 31st ESKA EUROPEAN SHOTOKAN KARATE CHAMPIONSHIPS 2016 in Chalkida / Greece

- Accommodation: includes a proposal of official hotels with their location, rates and conditions.
- Transfers
- Sports venue
- Information about food and beverages
- Booking for training facilities
- Program
- Competition program

### **Questions and requests:**

Please contact us by email : [eskachalkida@gmail.com](mailto:eskachalkida@gmail.com)

We will respond to you as fast as possible.



## 2. Introduction of Greece

Greece is a country in southeastern Europe consisting of 2 mainland peninsulas and thousands of islands throughout the Aegean and Ionian seas. It's the birthplace of Western civilization, and Athens, its capital, retains ancient landmarks including the 5th-century-B.C.E. Acropolis citadel and Parthenon temple.



Capital: Athens

Dialing code: +30

ISO code: GRC

<http://www.visitgreece.gr/>





### 3. Overview of Chalkida

**Only 80 km away from Athens**, the city of the sacred fountain of Arethousa is the main gate to the island of Evia. Thanks to its strategic geographic position, the city has remained a crossroad of cultures and ideas over the centuries, an apple of discord for many foreign conquerors. Today the cosmopolitan city of Chalkida, the administrative and commercial center of the island built on both sides of Evripos straits, is a popular destination among Athenians for short breaks away from the hustle and bustle of the capital city.

Thanks to its impressive ultra modern cable bridge, the access to the city has now become easier and quicker.



**Chalkida is particularly famous** for the tidal phenomenon that takes place in Evripos, i.e. the swift change of water direction every six hours, created by the Moon's pull. During each change of direction the water stops moving for about eight minutes. An ideal place to watch this unique phenomenon is the sliding Negroponte Bridge. Another favourite meeting point for the locals is the waterfront; a charming pedestrian street lined with elegant cafes and restaurants buzzing with life day and night!



**Make a point of visiting the following quite impressive edifices:** the Red House- the city's landmark, a neoclassical building with four clay statues on its top and the Town Hall, known for its beautiful harmonious architecture. Karababas fortress, a superb Venetian fort, stands on the top of Kanithos hill, offering a bird's eye view of the city and Evoikos Gulf.

**Don't forget to visit:** The Archaeological Museum/ The Municipal Library/ the Municipal Art Gallery/ "Kamares" site/ the Roman Aqueduct/ Emir Zade Turkish Mosque / the Folk Art Museum/ the Spring of Arethousa/ the Railway Station/ the poet Giannis Skaribas' tomb located at Karababas Fortress/ the Byzantine church of St. Nicholas and the Early Christian Basilica of St. Paraskevi



**Useful telephone numbers:**

Municipality of Chalkida:	22210-22314
Police Station:	22210-73777
Tourist Police:	22210-77777
Traffic Police:	22210-21111
Port Authority:	22210-77333
KTEL (suburban buses):	22210- 20400

**Museums:**

Archaeological Museum:	22210-25131
Folklore Museum:	22210-21.817
Municipal Gallery:	22210-22031





## 4. Travel Information

### a. Currency

Greece is part of the European Union and Greece money currency is **Euro**.

### b. Average Temperature in October

Despite the fact that the month of September in **Athens** can produce summer-like **temperatures**, the **weather** starts to cool off significantly in **November**, and especially at night. The average **temperature** this month is 19°C (66°F), while the average low is 15°C (59°C), and the average high is 23°C (73°F).

### c. Public Transportation

<http://www.oasa.gr/>

### d. Timezone

- Eastern European Time Zone
- UTC+02:00

### e. Electrical Plug/Outlet and Voltage Information

- Voltage: 220-240 Volts (U.S./Canada are 110-120 Volts)
- Primary Socket Type: Europlug, Schuko

### f. Emergency Phone Number

- Emergency 112
- Ambulance 166
- Fire Department 199
- Police 100
- Anti-drug Police 109

### g. Visa, General Information

<http://www.mfa.gr/en/visas/visas-for-foreigners-traveling-to-greece/countries-requiring-or-not-requiring-visa.html>





## 5. Accommodation (Official)

Prices:

Single room:	55 Euro per night
Double room:	39 Euro per person per night
Triple room:	30 Euro per person per night
4p room:	26 Euro per person per night

All prices are for Bed and Breakfast  
Half board prices: +15 euro per person per night

The above prices are valid until 15/9/2016. After that date there will be a 20% penalty on reservations.

30% of the booking price must be pre-paid to the official travel agency along with the transportation costs.

Cancellation policy: Cancellations until 15/10/2016 will have 30% penalty, after that date no cancellation will be accepted.

For booking requests and any clarification you can contact the official travel agency in:  
**[eskachalkida@gmail.com](mailto:eskachalkida@gmail.com)**





LUCY HOTEL (Headquarter)

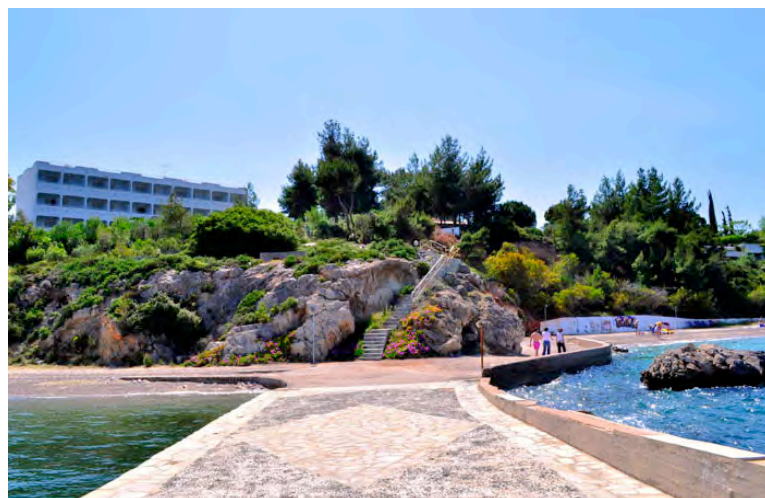
<http://www.lucy-hotel.gr/en/>





**HOTEL PELAGOS**

<http://www.hotelpelagos.gr/>

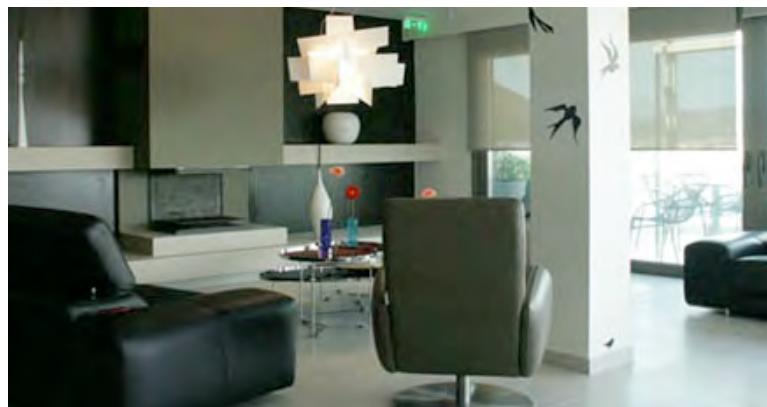
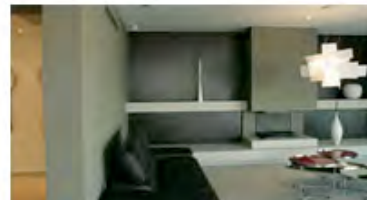






**HOTEL HARA**

<http://www.harahotel.gr/>





**PALIRIA HOTEL**

<http://paliria-hotel.gr/>





**JOHNS HOTEL**

<http://www.johnshotel.gr/>



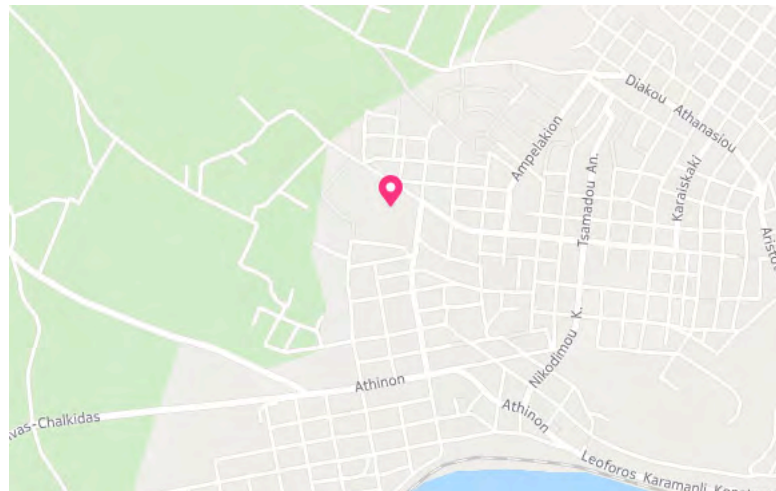




## 6. Sports Venue

Kliso Kanithou Chalkidas "Tasos Kampouris"

Chalkida, Kanithos







## 7. Transfers

- Transportation from all the official hotels to the stadium will be free (included in the hotel price) with shuttle bus 3 times a day (morning, noon and evening)
- Transportations from the airport to the official hotels and back: 58 Euro
- For clarifications and bookings please contact: [eskachalkida@gmail.com](mailto:eskachalkida@gmail.com)





## **8. Events Program**

### **Wednesday 23 November**

Judging Committee Meeting	09.30 - 11.30
Judging Course <i>(candidates/participants in uniform)</i>	13.00 - 19.30
Area Manager Training Course <i>(only those invited)</i>	19.30 - 21.00
Technical Committee Meeting	21.00 - 22.00

### **Thursday 24 November**

Judging Course <i>(candidates/participants in uniform)</i>	09.30 - 11.30
Executive Board Meeting	09.00 - 12.00
Judging Course <i>(kata candidates in gis. All others in uniform)</i>	13.00 - 16.30
Coaches Meeting	14.00 - 15.00
Kata Standardisation Course <i>(for all candidates/referees and Coaches in gis)</i>	17.00 - 19.00

### **Friday 25 November**

Referee course examination	09.00 - 11 am
Congress	09.00 - 11.30 am
Referee alignment meeting	11.30 – 12 noon



## **8. Events Program**

### **Championships:**

Friday 25th November:  
Youth/Cadet events starting at 13.30

Saturday 26th November:  
Junior events starting at 9.00

Sunday 27th November:  
Senior events starting at 9.00