



# BULLETIN

# POLISH OPEN WKF

## X INTERNATIONAL KARATE GRAND PRIX BIELSKO-BIAŁA

## 07-09.10.2016

				
<p>Organizer of POLISH OPEN – X INTERNATIONAL KARATE GRND PRIX BIELSKO-BIAŁA</p> <p>KSA Atemi   Widok 12   43-300 Bielsko – Biala</p> <p>Tel. +48 793686168   Fax. +48 338172748</p> <p>Email: <a href="mailto:info@polish-open.com">info@polish-open.com</a>   Web: <a href="http://www.polish-open.com">www.polish-open.com</a></p>				



**Mr. Paweł Połtorzecki**

Chairman of the Organizing Committee

President of KSA Atemi Bielsko-Biała



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Dear Karate Friends,

On behalf of the Organizers: Polish Karate Federation, KSA Atemi, Municipality of Bielsko-Biała and Silesian Voivodeship self-government, I have great pleasure to invite You to the 10. edition of Grand Prix Bielsko-Biała – POLISH OPEN WKF.

We are pleased to host in our city the best athletes from the World. In This year, some very strong national teams, with the current WKF World and European Champions, confirmed their participation in Grand Prix. We will host also competitors from Egypt, Italy, England, Scotland, The Northern Ireland, Wales, Sweden, Norway, Germany, Denmark, Turkey, The Czech Republic, Slovakia, Hungary, Ukraine and Russia. Certainly, it will be an opportunity to confrontation with the best competitors and the last preparation before World Championships in Linz.

I am convinced that the competition in all categories will be fierce and all karate fans gathered in the new sports arena will be spectators of many exciting fights. I wish all competitors the results meeting their expectations, trainers and activists – the satisfactions from their pupils' performance, and fans – many sports emotions.



Paweł Połtorzecki

President of KSA Atemi



# RULES & REGULATIONS

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**DATE:** 07 - 09.10.2016  
**VENUE:** The Sports and Entertainment Hall „Pod Dębowcem“  
in 26 Karbowa Street, Bielsko-Biała, Poland

## RULES:

The competitions will be conducted according to the current rules of WKF for the Cadets, Juniors, U21, Seniors and valid rules of PZK based on WKF principles for children and masters with repechages and with two third places.

The date of birth determines about the proper age category.

For individual competitions for children in kata and kumite (U8 - U14) the competitors can participate in two age categories (groups). Participation in two weight categories as the part of one age group is forbidden !

## KATA:

- in individual kata competition for children U8 and 8 is allowed to repeat one kata,
- in individual kata competition for children 9,10,11 years ,minimum two kata have to be done alternatively,
- in individual kata competition for children U14 in each round has to be performed different kata,
- in individual kata for cadets – seniors - the rules of WKF,
- in individual kata for masters - rules of PZK based on WKF principles,
- in team kata competition for children U9 and U12 it is acceptable to repeat one kata,
- in team kata competition U9, U12,U14, cadet + junior - no bunkai,
- in senior team kata competition - the rules of WKF,
- in individual kata competition it is allowed to participate in two age categories: U14 -> Cadet, Cadet -> Junior, Junior -> Senior, U21 -> Senior
- in the competition U21 can start only the competitors who are between 18-20 years old.

## KUMITE:

- in individual children kumite competition U10 and U12 the time of fight is 60 seconds,
- in individual kumite competition U14 the time of the fight is 90 seconds,
- in individual kumite - cadet -> senior, the rules of WKF,
- in individual kumite masters the time of the fight is 2 minutes
- in team kumite competition the time of fight is: 60 seconds for U12 and U14, 90 sec. for cadets and juniors , and 2 minutes for Seniors.
- in individual kumite competition it is allowed to participate in two age categories: U14 -> Cadet, Cadet -> Junior, U21 -> Senior
- in U21 competition can only start the competitors at the age between 18-20,





- the competitors fighting in kumite competitions are obliged to have the body protectors according to the given pattern of WKF: body protector, teeth guard- gumshield, shin guards, feet guards, groin guard ,etc. This rule concerns all age categories.
- If in weight category will be less than 8 competitors category can be combined.

## REFEREES:

The Chief Referee of Polish Open is Mr. Robert Hamara (member of WKF Referee Commission) and Mr. Jarosław Lewandowski (The Chairman of Polish Referee Commission). All foreign referees and judges who want to work during Polish Open please contact first with The Organizer and then register on Sportdata. The Organizing Committee will offer cash fees only for the official referees and judges who are registered online at sportdata. For all those referees and judges we provide free half board accommodation and official banquet.

- **National Referees – 75 EUR per day**
- **EKF & WKF Referees – 100 EUR per day**

## ENTRY FEE:

- **20 € - one individual entry - U8 – 11 years old**
- **25 € - one individual entry - U14 - Seniors**
- **35 € - one individual entry – Masters**
- **45 € - team entry**

Please make necessary payment of the starting fee by money transfer under the title “Polish Open” and name of the club on the following account:

**KSA Atemi**  
**Widok 12**  
**43-300 Bielsko-Biała**

**SWIFT CODE (BIC): PKOPPLPW**  
**IBAN: PL 32 1240 6449 1111 0010 6169 8939**

**There is also possibility to make a payment in cash in the competition office.**

## CONDITIONS OF PARTICIPATION:

The competition is open for Polish (members of Polish Karate Federation) and foreign clubs (members of EKF or WKF). Each contestant should have: identity card with a photo, competitors license, a doctor's permission to take part in the competition and full insurance coverage for all eventualities. All of these documents should be prepared for possible control during the registration.





## AWARDS:

### For all medalists – gifts from the official sponsors !

**100 € - for 1<sup>st</sup> place in competitions:**

Kata individual male/female juniors/seniors

Kumite individual male/female juniors/seniors open

Competitors who are first in the individual contests will receive memorial cups, medals and diplomas. For 2nd and 3rd places they will receive memorial medals and diplomas. For the first place in the team contests, the winning team will get a memorial cup, medals and diplomas. For 2nd and 3rd places they will receive memorial medals and diplomas.

## REGISTRATION:

All competitors, referees, coaches and officials must register online using the online system on <http://www.sportdata.org>. In case of any questions concerning the online registration please directly contact the sportdata software team via the email address: [poland@sportdata.org](mailto:poland@sportdata.org).



Clubs / teams / federations are responsible for the quality of the entered registration data. Deadline of making any changes in entries is **05.10.2016**. If changes are required during the official registration session because of incorrect, missing or new registration data, a **fee of € 10 is charged** for each change.

The official registration session and weighting will take place in the competition's office (Sports Hall "Pod Dębowcem") on Friday 10.00 - 20.00. Taking part in official weighting is not obligatory but if the competitor has been registered in wrong weight category it means that he will be disqualified.

There will be possibility to pay the entry fee before the tournament at the sports hall on Saturday from 7.30 a.m. till 9.00 a.m. and on Sunday from 7.30 a.m. till 9.00a.m.

There will not be possibility of making any changes in the day of the contest except deleting the entry of the competitor. Deleting the entry of the competitor in the day of the competitions means that you are still obliged to pay the entry fee.







## OTHER:

All controversial matters will be solved by the Chief Referee of the competition in agreement with the organizer. The organizer isn't responsible for lost items. Heads of teams are responsible for competitors' behaviour or eventual damages made by them. During the competition only competitors, heads of teams, coaches and invited guests can stay in the area of a fighting floor. For the audience there are special places. In order to lodge a protest against judge's decision it is necessary to pay security at the amount of PLN 200 ( € 50). The exhibition and sale of goods is allowed on condition that the organizer gives his consent to it. It is also possible to order a tasty meal in the area of Sports hall for a cheap price.

## SCHEDULE / PROGRAMME:

### Friday 07.10.2016

- 10:00 – 20:00 – The official registration session and weighting  
(Sports and entertainment hall „Pod Dębowcem“ Karbowa 26, Bielsko-Biała)
- 14.00 – Technical briefing for referees  
(Sports and entertainment hall „Pod Dębowcem“ Karbowa 26, Bielsko-Biała)
- 15.00 – Starts of Kata competitions - Cadet, Junior, U21, Senior, Master**

### Saturday 08.10.2016

- 07:30 – Opening competition's office  
(Sports and entertainment hall „Pod Dębowcem“ Karbowa 26, Bielsko-Biała)
- 08:45 – Technical briefing for coaches
- 09:00 – Starts of Kumite competitions – Cadet, Junior, U21, Senior, Master**
- 13:00 – Opening ceremony

### Sunday 09.10.2016

- 07:30 – Opening competition's office  
(Sports and entertainment hall „Pod Dębowcem“ Karbowa 26, Bielsko-Biała)
- 08:45 – Technical briefing for coaches
- 09:00 – Starts of Kata & Kumite competitions for Children (U8 – U14)**



## CATEGORIES:

### KATA INDIVIDUAL:

- Kata individual male / female **Under 8** (0-7 years old)
- Kata individual male / female **8 years** (7-8 years old)
- Kata individual male / female **9 years** (8-9 years old)
- Kata individual male / female **10 years** (9-10 years old)
- Kata individual male / female **11 years** (10-11 years old)
- Kata individual male / female **Under 14** (11-13 years old)
- Kata individual male / female **Cadets** (12-15 years old)
- Kata individual male / female **Juniors** (14-17 years old)
- Kata individual male / female **U21** (18-20 years old)
- Kata individual male / female **Seniors** (16-> years old)
- Kata individual male / female **Master "A"** (35-44 years old)
- Kata individual male / female **Master "B"** (45-49 years old)
- Kata individual male / female **Master "C"** (50-54 years old)
- Kata individual male / female **Master "D"** (+ 55 years old)

### KATA TEAM:

- Kata team male / female **Under 9** (0-8 years old)
- Kata team male / female **Under 12** (9-11 years old)
- Kata team male / female **Under 14** (12-13 years old)
- Kata team male / female **Cadets and Juniors** (14-17 years old)
- Kata team male / female **Seniors** (16-> years old)

### KUMITE INDIVIDUAL:

- Kumite individual male **U10** (0-9 years old): -30kg, -40kg, +40kg / female U10: -30kg, +30 kg
- Kumite individual male **U12** (9-11 years old): -34kg, -40kg, +40kg / female U12: -34kg, -40kg, +40kg
- Kumite individual male **U14** (10-13 years old): -35kg, -40kg, -45kg, -50kg, +50kg / female U14: -40kg, -50 kg, +50kg
- Kumite individual male **Cadets** (12-15 years old): -52kg, -57kg, -63kg, -70kg, +70kg / female Cadets: -47kg, -54kg, +54kg
- Kumite individual male **Juniors** (14-17) -55kg, -61kg, -68kg, -76kg, +76kg, Open / female Juniors: -48kg, -53kg, -59kg, +59kg, Open
- Kumite individual male **U21** (18-20 years old) : -60g, -67kg, -75kg, -84kg, +84kg / female U21: -50 kg, -55kg, -61kg, -68kg, +68kg
- Kumite individual male **Seniors**: -60kg, -67kg, -75kg, -84kg, +84kg, Open / female Seniors: -50 kg, -55kg, -61kg, -68kg, +68kg, Open
- Kumite individual male **Master "A" Open** (35-44 years old)
- Kumite individual male **Master "B" Open** (45-49 years old)
- Kumite individual male **Master "C" Open** (50-54 years old)
- Kumite individual male **Master "D" Open** (+55 years old)

### KUMITE TEAM:

- Kumite team male / female **U12** (0-11 years old) – 3
- Kumite team male / female **U14** (12-13 years old) – 3
- Kumite team male / female **Cadets** (14-15 years old) – 3 + 2
- Kumite team male / female **Juniors** (16-17 years old) – 3 + 2
- Kumite team male / female **Seniors** (18-> years old) – 3 + 2

**10<sup>th</sup>** INTERNATIONAL  
**KARATE GRAND PRIX**  
BIELSKO-BIAŁA

# POLISH OPEN



**7-9.10.2016**



**Makita**



[www.polish-open.com](http://www.polish-open.com)