

# 5<sup>th</sup> Zagreb Karate Cup



## ZAGREB, CROATIA

### 10<sup>th</sup> of September 2016

LAST TWO YEARS :

- Slovak and Hungarian Karate Federation elective tournament!
- Croatian Karate Federation control tournament!
- Competitors from 12 countries!






## Dear karate friends and athletes!

I cordially greet and welcome you to the international sports competition:  
**ZAGREB KARATE CUP!**

Welcome to the Croatian capital, the City of Zagreb. We are very proud to welcome and host in Zagreb all athletes and their coaches who are coming from all over Europe and we hope that they will take unforgettable memories to their home countries.

In recent years many competitors from all continents competed in Zagreb such as State, European and World Champions, Olympic Winners. They all praised the "Zagreb sporting vibe", superior organization, kindness and hospitality.

I am quite confident that you will feel and experience friendly atmosphere and hospitality, passion of cheering and the thrill of sports competition. Because sport is by its nature and objectives noble and sublime, it expands the space of trust and makes new friends.

Our organization team will do everything to offer the best conditions for the karate competition. Thank you very much in advance for your coming to the Zagreb Karate Cup and for your support to our karate tournament.

I am looking forward to seeing you all very soon in Zagreb, Croatia.

Yours sincerely,

**Stjepan Čelan,**  
**President of Croatian Karate Union**

# 5<sup>th</sup> Zagreb Karate Cup

Saturday 10<sup>th</sup> of September 2016

CROATIAN KARATE UNION  
ZAGREB KARATE ASSOCIATION



**Organizer:** Zagreb Karate Association

**Sports Hall address:** Veprinačka 16, 10000 Zagreb, ŠD Trešnjevka „Kutija šibica“

**Date:** 10<sup>th</sup> of September 2016

**Provisional timetable:** 08:00 - registration  
09:00 - KATA  
11:00 - KUMITE

Detailed timetable will be published after the end of registration on web [www.karate-zg.hr](http://www.karate-zg.hr) and [www.zagrebkaratecup.com](http://www.zagrebkaratecup.com)

**Way to register:** Online registration on:  
[www.zagrebkaratecup.com](http://www.zagrebkaratecup.com)

**Entry deadline:** Wednesday, 7<sup>th</sup> of September, or when reaching 800 contestants

**Entry fee:** 15 Euros

**Payment:** Account:  
**Zagrebački karate savez**  
**Zagreb, Savska cesta 137/3**  
**IBAN: HR5724020061100046999, BIC: ESBCHR22**  
Mention: "Zagreb Karate Cup" including the name of the Club.  
\* Entry fees can be paid in the Sports Hall

Intended paid fees will not be refunded. Please bring the deposit slip to the registration.

## Condition for participation:

All karatekas must have valid membership card of their federation. Coaches are responsible for medical certificates and parental consents. Please send exact age and weight of competitors, otherwise they will be disqualified. By submitting application you confirm that competitors have passed their medical exam and are able to compete. The organizer assumes no liability, therefore it is recommended to take out insurance.

## Protective equipment kumite:

Fist protectors, foot and shin protectors (red/blue), breast protectors for girls and gumshields are mandatory! Jockstraps are allowed. Face mask and body protectors are optional.

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## KATA COMPETITION

### KATA – A CATEGORY

U8	(6, 7 years)	* 1 - 2
U10	(8, 9 years)	* 1 - 5 ; final MASTER kata - not a requirement
U12	(10, 11 years)	* 1 - 5 ; semi finals, last two repassage & final MASTER kata
U14	(12, 13 years)	WKF rules
U16	(14, 15 years)	WKF rules
U18	(16, 17 years)	WKF rules
U21	(18, 19, 20 years)	WKF rules
SENIORS	(18+ years)	WKF rules

### KATA – B (beginners)

U10,	(6, 7, 8, 9 years)	* 1
U12,	(10, 11 years)	* 1 - 2
U14,	(12, 13 years)	* 1 - 5

\* Competitors can choose only between Heian, Pinan or Gekki-sai

Performance in A and B category of the same age is not allowed

Competitors in B category perform kata at the same time

Competitors in B category can repeat kata

### SPECIAL NOTE FOR KATA ENTRIES:

One category younger contestants may compete in older age category

## KUMITE COMPETITION

U10	MALE	(7,8,9 years) -26,-30,-34,-38,+38	1 minute
U10	FEMALE	(7,8,9 years) -28,-32,-36,+36	1 minute
U12	MALE	(10,11 years) -30,-34,-38,-42,-46,+46	1 minute
U12	FEMALE	(10,11 years) -32,-36,-40,-44,+44	1 minute
U14	MALE	(12,13 years) -36,-41,-45,-48,-52,-57,+57	1,5 minute
U14	FEMALE	(12,13 years) -40,-45,-50,-55,+55	1,5 minute
U16	MALE	(14,15 years) -52,-57,-63,-70,+70	2 minutes
U16	FEMALE	(14,15 years) -47,-54,+54	2 minutes
U18,	MALE	(16,17 years) -55,-61,-68,-76,+76	2 minutes
U18,	FEMALE	(16,17 years) -48,-53,-59,+59	2 minutes
U21	MALE	(18,19,20 years) -60,-67,-75,-84,+84	3 minutes
U21	FEMALE	(18,19,20 years) -50,-55,-61, -68, +68	2 minutes
SENIOR MALE		(18+ years) -60,-67,-75,-84,+84, OPEN	3 minutes
SENIOR FEMALE		(18+ years) -50,-55,-61, -68, +68, OPEN	2 minutes

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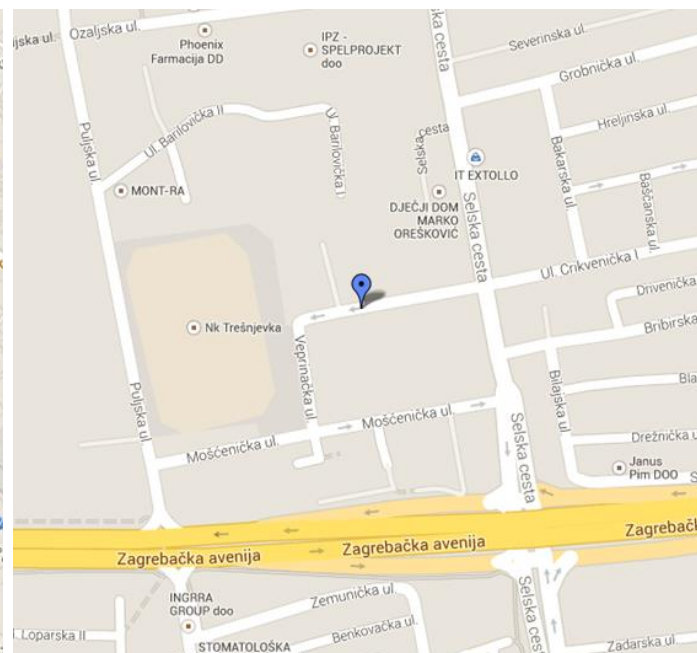
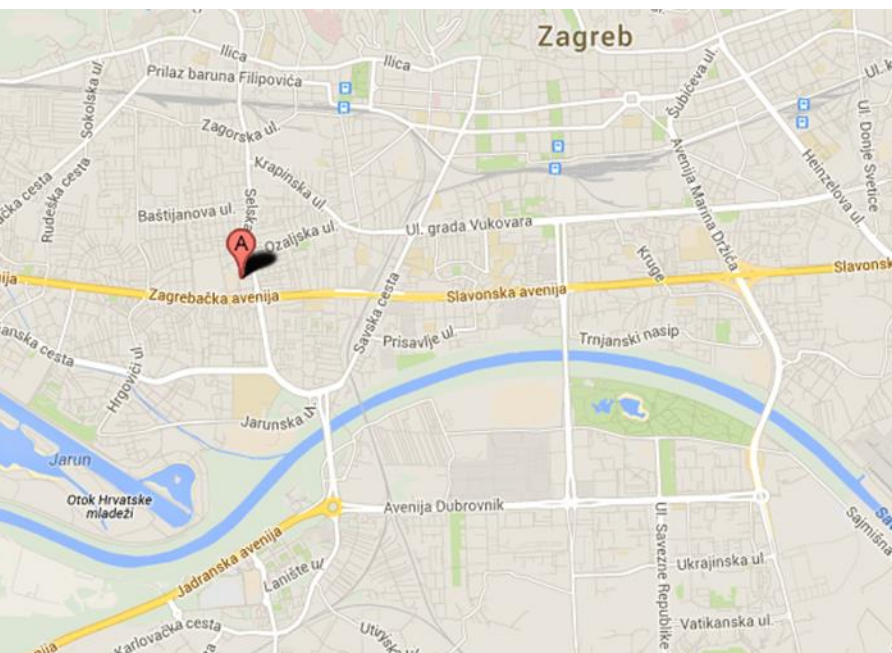


**Sports Hall Trešnjevka**, Veprinačka 16, ZAGREB

SH "Trešnjevka", better known under the name "Matchbox", the total area of 4,916 m<sup>2</sup> sports facility, a large multi-purpose hall of 1,100 m<sup>2</sup>, capacity of auditorium with stands of approximately 1,000 seats.

For the purposes of participants eight locker rooms are secured. The warming-up can be done in the small hall.

**Parking:** Parking space has been reserved behind the Sports Hall.

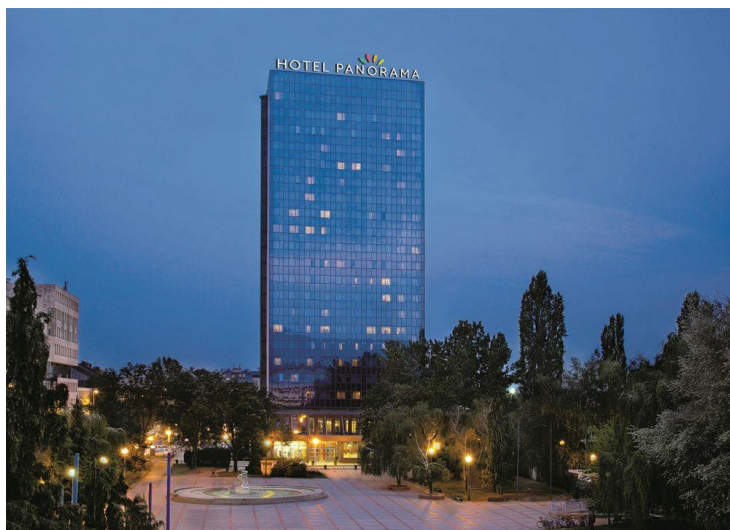


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## ACCOMMODATION:



### HOTEL PANORAMA 4\*\*\*\*

Address: Trg sportova 9, 10000, Zagreb

Phone Number: +385 1 3637 333

<http://www.panorama-zagreb.com>

Distance from Sports Hall:

2,1 km (approx 7 min drive / 20 min walking)



### HOTEL LAGUNA 3\*\*\*

Address: Kranjčevićeva ulica 29, 10000, Zagreb

Phone Number: +385 1 3047 000

<http://www.hotel-laguna.hr>

Distance from Sports Hall:

2,0 km (approx 6 min drive / 20 min walking)



### HOTEL HOLIDAY 3\*\*\*

Address: Jankomir 27, 10090, Zagreb

Phone Number: +385 1 349 66 21

<http://www.hotel-holiday.hr>

Distance from Sports Hall:

6,3 km (approximately 12 min drive)

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## Organization Committee:

Organization Committee President: **Zlatan Muheljić**

Competition Director: **Vjekoslav Šafranić**

## Information:

**Mislav Šćurić**, Technical Secretary

tel: +385 91 2444 388, e-mail: [info@zagrebkaratecup.com](mailto:info@zagrebkaratecup.com)

## ZAGREB KARATE ASSOCIATION

Savska cesta 137, 10000 Zagreb, CROATIA

Tel: + 385 1 6431021, Fax: + 385 1 6431046

E-mail: [info@zagrebkaratecup.com](mailto:info@zagrebkaratecup.com), [www.karate-zg.hr](http://www.karate-zg.hr)

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