

# X Grand Prix Poland 24.09.2016 ŁÓDŹ, POLAND



Dear Friends,  
We have the pleasure to invite you to participate in our karate competition:  
Grand Prix Poland 2016 for Children, Cadets and Juniors

## Information about the tournament:

### Organizer

"HARASUTO" Karate Klub Lodz  
Address: 92-447 Lodz, Cynarskiego 7/29 POLAND

### Aim

The exteriorization in individual competitions the best competitors, popularization of spirit and idea of karate is the aim of championship.

### Place:

The Sport Hall  
LODZ ul. Malachowskiego 5/7 POLAND

### Time Schedule

24.09.2016. (Saturday)

Referee briefing 8:30 am

Technical briefing: 8:45 am

Beginning competition: 9:00 am

### Registration

Registrations should be made online on [www.sportdata.org/karate/set-online/](http://www.sportdata.org/karate/set-online/)

Registrations must arrive at the latest by 21.09.2016

### Possession:

- up to date medical examination
- any kind of ID (passport for example)
- confirmation of payment;

### Registration ,verification and weighting:

24.09.2016 8:00-10:00

### Registration fee

- individual competitions 20 €
- team 35 €
- any changes in entry free in competition's day charged 5 €

Take-off payment will be accepted during registration to 24.09.2016 8- 9am

### Prizes:

- 1st place - cup, medal
- 2nd place and 2 x 3rd places - medal

## Competitons

### Saturday 24.09.2016

Individual kata girls – 7 years or less (U8), 8-9 (U10), 10-11 years (U12), 12-13 years (U14), 14-15 years (U16), 16-17 years (U18)

Individual kata boys – 7 years or less (U8), 8-9 (U10), 10-11 years (U12), 12-13 years (U14), 14-15 years (U16), 16-17 years (U18)

Individual kumite girls (7 years or less )(U8): open

Individual kumite girls (8-9 years) (U10): -30kg, +30kg

Individual kumite girls (10-11 years) (U12): -34kg, -40kg, +40kg

Individual kumite girls (12-13 years)(U14): -40kg, -50kg, +50kg

Individual kumite girls (14-15 years)(U16): -47kg, -54kg, +54kg

Individual kumite female (16-17 years)(U18): -48kg,-53kg, -59kg, +59kg

Individual kumite boys (7 years or less )(U8): -25kg, +25kg

Individual kumite boys (8-9 years)(U10): -30kg, -40kg, +40kg

Individual kumite boys (10-11 years) (U12): -34kg, -40kg, +40kg

Individual kumite boys (12-13 years)(U14): -45kg, -50kg, -55kg, +55kg

Individual kumite boys (14-15 years)(U16): -52kg, -57kg, -63kg, -70kg, +70kg

Individual kumite male (16-17 years) (U18): -55kg,-61kg, -68kg, -76 kg,+76kg

Team kumite boys (3+1) – 12-13 years (U14); 14-15 years (U16)

### Competitions rules

#### WKF rules with following changes:

In category 7 years or less , 8-9 years , 10-11 years 12-13 years in every round different kata minimum two kata changing (Heian 1-5, Pinan 1-5, Gekesai 1-2 - acceptable).

Category U8,U10,U12, kata parallel in another category- WKF rules

The time of fight 60 sec category (7 years or less and 8– 9 years), 90 sec (category 10-11,12– 13 years)

Another category WKF rules. Repassage and two 3 rd place

If it to weight category will be notified less than 8 competitors category be becomes played with another weight category.

They can start on two age categories is possible.

The team you would be implement younger competitor.

#### Protection

Gum shields, WKF type mitts red and blue, for women chest protection, WKF type shin pads and foot protection red and blue are compulsory, for all kumite competitors body protector obligatory

For cadets groups face mask

#### Protests

In writing on the Chief Referee hand after payment of deposit in height 50 €

#### Accommodation

Hotel NU <http://www.nuhotel.pl/>

Hotel "Elan" <http://www.taniespanie.org/>

Hotel Boss <http://www.hotel-boss.pl/>

Hotel Focus <http://www.hotelfocus.com.pl/>

Hotel Campanile <http://www.campanile-lodz.pl/en/index.aspx>

Boutique Hotels <http://www.hotels24.com.pl/>

Any questions considering the way the event will be held should go directly to  
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