

2手道は一つ!ルールは一つ!目指せオリンピック!









# **17 September, 2016**

It is a great honor for me to invite all competitors from all the countries to participate in the BULGARIA OPEN 2016, which will take place in Sofia in 17 september 2016.

The BULGARIA OPEN KARATE championship in Sofia is more than just a competition, it is a place where friendship, respect and tolerance meet.

For the first time the Karate sport has a chance to be included in the family of Olympic Games. It is a challenge and a test for us. I am convinced that Karate will take its honorable place among the Olympic sports.

The Karate sport is a challenge to the human spirit, the will and strength of the human body, daring and respect towards the opponent and a century old wisdom from The Path. Karate speaks all languages and connects all people and generations, regardless of race, sex and religion.

I wish all participants good health and strength, boldness respect and dignity, and many sports victories.

Please accept my most sincere greetings and best wishes

for success.

Let the best win!

Dobrin Ivanov Chairman of the organizing comitee BULGARIA OPEN 2016



#### **WELCOME TO BULGARIA**



Located in the heart of the Balkans, Bulgaria offers a highly diverse landscape: the north is dominated by the vast lowlands of the Danube and the south by the highlands and elevated plains. In the east, the Black Sea coast attracts tourists all year round.

Founded in 681, Bulgaria is one of the oldest states in Europe. Its history is marked by its location near Europe's frontier with Asia. Some 85% of the population are Orthodox Christians and 13% Muslims. Around 10% of the population are of Turkish origin while 3% are Roma. Similarly, its traditional dishes are a mixture of east and west. The most famous Bulgarian food must be yoghurt, with its reputed gift of longevity for those who consume it regularly.

Bulgaria's population of 7.4 million people is predominantly urbanized and mainly concentrated in the administrative centers of its 28 provinces. Most commercial and cultural activities are centered on the capital and largest city, Sofia. The strongest sectors of the economy are heavy industry, power engineering, and agriculture, all of which rely on local natural resources.

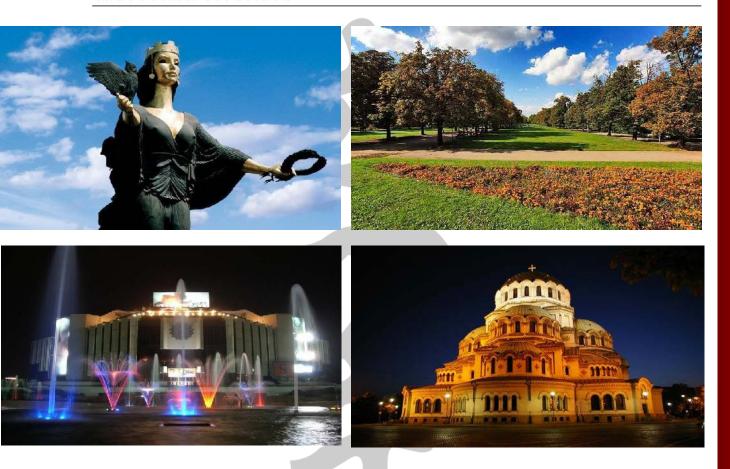
The country's current political structure dates to the adoption of a democratic constitution in 1991. Bulgaria is a unitary parliamentary republic with a high degree of political, administrative, and economic centralization. It is a member of the European Union, NATO, and the Council of Europe.







#### WELCOME TO SOFIA



Sofia is Bulgaria's capital and its largest city. Founded thousands of years ago, today the city continues to develop as the country's cultural and economic center. At present, the city has a population of over 1.4M

Sofia is located in the western part of the country, on The Sofia Plain and on the lower slopes of Mount Vitosha. Sofia's history spans 2,400 years.

#### Sofia has been chosen as a European Capital of Sport in 2017

Sofia is one of the most visited tourist destinations in Bulgaria alongside coastal and mountain resorts. Among its highlights is the Alexander Nevsky Cathedral, one of the symbols of Bulgaria, constructed in the late 19th century. The city is also known for the Boyana Church, a UNESCO World Heritage site. Sofia holds Bulgaria's largest museum collections, which attract tourists and students for practical studies.

Sofia's main hotels are centrally located and many of the main sights are within easy walking distance.



# **VISA INFORMATION**

You can find additional information for visa at the website of the Ministry of Foreign Affairs of Republic of Bulgaria:

www.mfa.bg/en/pages/109/index.html

#### LANGUAGE

The official language is **Bulgarian**. Most of the people also speak English and/or Russian.

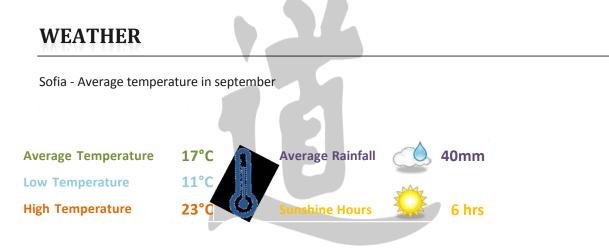
#### CURRENCY

The official currency in Bulgaria is the LEV.

The currency can be exchanges in all bank offices and currency exchange offices, located throughout the city of Sofia, mostly in shopping malls. The lev is pegged to the euro at a rate of 1.95583 leva for 1 euro. The most current information can be found on the National Bank website: www.bnb.bg

## TIME ZONE, ELECTRICITY AND WATER

- ✓ The time zone in the country is Eastern European Time (UTC+2)
- ✓ Bulgaria's standard electricity supply is 220/230 volts AC with a frequency of 50 hertz
- ✓ Tap water is generally considered **safe to drink** in all major towns and cities





# HEALTH AND SAFETY CONCERNS

In case you need emergency medical assistance or you have had an accident abroad you can rely on the security forces and the medical services in the respective country. Yet before you leave, you are advised to have a European electronic healthcare card, car insurance (if you travel by car), as well as a general healthcare insurance.

#### European Emergency Number: 112

Calls can be answered not only in Bulgarian, but also in English, French, German, Italian, Spanish, Greek, Romanian, Turkish or Russian. Caller location is automatically activated when the call is answered.



#### **TRANSPORTATION / TRANSFERS**

#### **BY PLANE - Sofia Airport (SOF)**

The airport is located only 10 km from the city center, in the eastern part of the capital.

Over 25 airlines fly in and out of the Sofia Airport with daily direct flights to/from major European cities. Make sure you check the terminal that you are arriving at or departing from carefully.

#### **BY CAR/COACH**

Distance to Sofia is - from Athens - 806 km, Belgrade – 396km, Bucharest – 384 km, Istanbul – 580km, Ljubljana – 924km, Podgorica – 587km, Saraevo – 595km, Skopje – 228km, Tirana – 526 km, Zagreb – 784km.

You'll need to buy a vignette (sticker) to drive on motorways and main roads outside towns. You can buy one at the border, or from post offices, large petrol stations.

You must drive with running lights or dipped beam headlights throughout the year, even during the daytime.



#### ACCOMMODATION

#### **Business Hotel Akord** \*\*\*



Hotel Akord is two kilometers away from the centre of Sofia, in close proximity to Bulgarian capital's international airport, the Central Train Station and the Central Bus Station. Akord is a splendid and cozy business-class hotel, located literally one click away from many historical and present-day landmarks of Bulgaria's capital.

#### Services provided:

- High speed WiFi Internet connection
- Air conditioning with individual
   control of the temperature
- Laundry, dry cleaning
- ✓ Taxi services by trusted companies

#### **HOTEL PRICES**

The following prices are in EUROS per person per night and include accommodation and buffet breakfast:

- Double room 22€
- Triple room 17€

The number of rooms available are limited and a first come first serve policy will be implemented.

## **OFFICIAL TRAVEL AGENCY**

Poseidon Holidays Antonina Kostandieva +359893930099



#### **BOOKING AND PAYMENT FOR THE ACCOMMODATION AND TRANSFERS**

The bookings have to be done by filling up the registering form, and sending it by e-mail: toni@poseidonholidays.com

Preliminary reservation of available hotels should be made up to august 28, 08,2016.

A reservation of the total price should be paid up to september 10th, 2016. This date will be considered final.

The balance of your stay will have to be paid by a bank transfer before september 10th, 2016. NOTICE: Booking and payment should be made to the Poseidon Holidays.

Deadline is September 10th, 2016

#### REGISTRATION

Deadline for registration 10.09.2016;

By E-mail: info@skbudo.com;skbudo2011@yahoo.com;

By Spordata:

https://www.sportdata.org/karate/setonline/veranstaltung\_info\_main.php?active\_menu=calendar&vernr=2696#a\_eventhead

Official registration will be made on 16.09.2016

#### REFEREES

Every international referee who would like to participate the tournament, please e-mail us to:

skbudo2011@yahoo.com or info@skbudo.com

All acknowledged referees will be contacted via e-mail.

All participated international referees will recieve 50 EUR.

Deadline is September 10th, 2016



#### DATE

#### 17.09.2016

VENUE

Sport hall: Sofia

#### **ORGANISERS**

#### Karate klub "BUDO"

INFO

+359878767282-Dobrin Ivanov;

#### E-MAIL; skbudo2011@yahoo.com , info@skbudo.com

**RULES** 

#### WKF rules will be applied

#### AGE AND WEIGHT CATEGORIES

6-7 Years Children Female Kata /Kumite 6-7 Years Children Male Kata /Kumite 8-9 Years Children Female Kata /Kumite 8-9 Years Children Male Kata /Kumite 10-11 Years Female Kata /Kumite 10-11 Years Male Kata /Kumite 12-13 Years Female Kata /Kumite 12-13 Years Male Kata /Kumite 14-15 Years Female Kata /Kumite 14-15 Years Male Kata /Kumite 16-17 Years Female Kata /Kumite 16-17 Years Male Kata /Kumite 18+ Years Female Kata /Kumite 18+ Years Male Kata /Kumite 18 Years and Over Female Kumite 18 Years and Over Male Kumite

-20 Kg, -25 Kg, +25 Kg -20 Kg, -25 Kg, -30 Kg, -35 Kg, +35 Kg -25 Kg, -30 Kg, +30 Kg -25 Kg, -30 Kg, -35 Kg, -40 Kg, +40 Kg -34 Kg, -38 Kg, +38 Kg -30 Kg, -34 Kg, -38 Kg, -42 Kg, +42 Kg -43 Kg, -52 Kg, +52 Kg -38 Kg, -44 Kg, -50 Kg, -56 Kg, +56 Kg -47 Kg, -54 Kg, +54 Kg -52 Kg, -57 Kg, -63 Kg, -70 Kg, +70 Kg -48 Kg, -53 Kg, -59 Kg, +59 Kg -55 Kg, -61 Kg, -68 Kg, -76 Kg, +76 Kg -50 Kg, -55 Kg, -61 Kg, -68 Kg, +68 Kg -60 Kg, -67 Kg, -75 Kg, -84 Kg, +84 Kg **Open Category Open Category** 



## **TEAM CATEGORIES**

6-7 Years Children Female Kata /Kumite 6-7 Years Children Male Kata /Kumite 8-9 Years Children Female Kata / Kumite 8-9 Years Children Male Kata / Kumite 10-11 Years Female Kata / Kumite 12-13 Years Female Kata / Kumite 12-13 Years Male Kata / Kumite 14-15 Years Female Kata / Kumite 14-15 Years Male Kata / Kumite 16-17 Years Female Kata / Kumite 16-17 Years Male Kata / Kumite 18+ Years Female Kata / Kumite Children Categories6-13 years $20 \in$ Cadets Juniors,14-15, 16-17 years $25 \in$ Seniors, $30 \in$ 

#### TEAM ENTRY FEE's /per team/

Children,Cadets,Juniors	30€
Seniors	<b>40€</b>

# PRIZES

For all categories, except the Kumite Open Male/Female Category, the award prize for **1st** place will be **100 EUR**.

If the number of the participants in any category is **less** than **10** the winner **will not** be awarded with a prize.

The award prize for the winner in the Kumite Open Female Category will be **300 EUR**.

The award prize for the winner in the Kumite Open Male Category will be **500 EUR**.

#### **INSURANCE**

It is compulsory for all participants and delegation members to effectuate their own medical insurance and personal trip insurance. Karate club BUDO are taking no liability for these concepts.

During the registration each delegation must present the signed insurance form.

## EQUIPMENT

Only **WKF APPROVED** equipment is **required**. The chest protector is **obligatory**. The face mask is **not allowed**.

#### **ENTRANCE**

Event entrance is **free** to all spectators .



# **ROOMING LIST FORM**

#### National Team (Country):

Hotel (in order of preference according to the accommodation form):

No	Name/Surname	Pos*	Check In Date	Check Out Date	Number of nights	Room type**	Catering	Extra meal



				1					
* Pos	<sup>c</sup> Position: C=Competitor, Co=Coaches, De=Delegation Head, P=President of NF, R=Referees/Judges,						ges,		
		D=Doctors, V=VI	Ps, A=Adn	ninistration,	P=Press, O=C	)thers			
** Rc	oom type:								
Date	ed:	_							
Nam	Name of Contact Person:								
Signature:			Official Stamp:						

# **BOOKING FORM**

FEDERATION/COUNTRY/CLUB				
NAME				
PHONE NO.	MOBILE			
FAX	E-MAIL			

# ACCOMMODATION

 CATEGORY:
 HOTEL:

 Group 1
 Group 2

		•				•	
Rooms	Number	Check in	Check out	Rooms	Number	Check in	Check out
Doubles				Doubles			
Triples				Triples			



#### **TERM OF RESPONSIBILITY**

To be filled, signed and sent back by November 21th, 2014

I \_\_\_\_\_\_\_\_, the undersigned, as the Chief of Delegation, of my country(club), duly enrolled to participate in the Bulgaria Open for, which will be held in Sofia, Bulgaria on the 17th and 18th of September 2016, with full knowledge of the Statutes, the Rules and the Norms of The WORLD KARATE FEDARATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I take any and all administrative, civil and criminal responsibilities for whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc. Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, karate club BUDO and the Bulgarian National Karate Federation, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities).

I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without any monetary compensation.

Country/Nation:	
Surname, First name:	
Position in the federation(club):	
Address:	
Telno.:	
Fax & email:	

 Date:
 2016
 Name:
 Signature & Stamp:

Fill in, sign, stamp and send no later than September 16, 2016 to:

<u>Skbudo2011@yahoo.com;</u>

info@skbudo.com

