

HELSINKI V SEITOKAI OPEN KARATE CHALLENGE 20.08.2016



SPONSORED BY:

VENUE: Laajasalo Sports Hall
Sarvastonkaari 23, 00840 Helsinki
INFO: +358 40 364 7540
WWW.SEITOKAI.EU INFO@SEITOKAI.EU



ALL COUNTRIES AND STYLES ARE WELCOME

SEITOKAI KARATE-DO SHOTOKAN has the great pleasure of inviting you to the “*V SEITOKAI Open Karate Challenge*” in Helsinki, an event that has been growing every year in number of participants and in level!

This year the Challenge will have more categories, and 3-4 Tatami areas, with WKF rules.

The competition will have the following Categories:

CATEGORIES

KATA:

- KIDS -10 years old (f,m)
- CADETS 11-13 years old (f,m)
- JUNIORS 14-15 years old (f,m)
- U18 (f,m)
- SENIORS +17 years old (f,m)
- VETERANS +40 years old (f,m)
- TEAM CADETS 11-13 years old (f,m)
- TEAM JUNIORS 14-17 years old (f,m)
- TEAM SENIORS +18 years old (f,m)
- TEAM VETERANS +40 years old (f,m)
- TEAM VETERANS +40 years old (f,m)

KUMITE:

- KIDS -10 years old “pyykipoika” (pegs)
- U12 open
- U14 female, -40kg, -45kg, -50kg, +50kg
- U14 male, -45kg, -50kg, -55kg, +55kg
- U16 female, -47kg, -54kg, +54kg
- U16 male, -52kg, -57kg, -63kg, -70kg, +70kg
- U18 female, -48kg, -53kg, -59kg, +59kg
- U18 male, -55kg, -61kg, -68kg, -76kg, +76kg
- SENIORS female +18 years old, -50kg, -55kg, -61kg, -68kg, +68kg, OPEN
- SENIORS male +18 years old, -60kg, -67kg, -75kg, -84kg, +84kg, OPEN
- VETERANS female +40 years old, OPEN
- VETERANS male +40 years old, OPEN
- TEAM U16 female (3 competitors)
- TEAM U16 male (3 competitors)
- TEAM U18 female (3 competitors)
- TEAM U18 male (3 competitors)
- TEAM SENIORS female +18 years old, (3 competitors)
- TEAM SENIORS male +18 years old, (3 competitors)

NOTES: The organization will allow participants younger than 11 years old to compete in the “U12 Kumite” category, if their coaches/parents give permission.

The organization will not be responsible for insuring any accident occurred during the competition. Competitors must have their own insurance.

KUMITE RULES

KIDS PYYKKIPOIKA KUMITE (-10 year old): Adapted kumite, with pegs. The competitors must try to get the pegs attached to the opponent's gi. The match lasts for 1m30s, or until there is a lead of 10 points. **Finnish Karate Federation rules apply:**

<http://www.karateliitto.fi/acms/uploads/materiaalisalkku/junnujensaantotulkinnat%202014.pdf>

SHIAI (11+ year old): **WKF rules,**

3 minutes for Senior Male Kumite (both teams and individuals).

2 minutes for Senior Female Kumite (both teams and individuals)

2 minutes for Juniors, Cadets and Youth categories

1. Scores are as follows:

VOCABULARY	TECHNICAL CRITERIA
Yuko (1 point) is awarded for:	1. Any Tsuki or Uchi delivered to a scoring area with: Good form, good attitude, strong vigor, zanshin, proper timing, and correct distancing.
Waza-ari (2 points):	2. Any Chudan Geri under the same requisites.
Ippon (3 points):	1. Any Jodan Geri under the same requisites. 2. Techniques delivered after the opponent falls.

Attacks are limited to the following areas:

- a) Head
- b) Face
- c) Neck (not to the throat)
- d) Abdomen
- e) Chest
- f) Back
- g) Side

2. Victory:

The result of a bout is determined by:

- a) Most points in the end of the time
- b) A lead of 8 points
- c) Obtaining a decision (HANTEI)
- d) HANSOKU (disqualification from the bout)
- e) SHIKKAKU (disqualification from the tournament)
- f) KIKEN (forfeit)

No individual bout can be declared a tie.

3. Protective Gear and Belts:

The organization recommends the WKF models for:

- Gloves (Red and Blue)
- Shin-and-Step (Red and Blue)
- Chest protector ***NOT MANDATORY FOR CATEGORIES UNDER 14 YEARS OLD***
- Groin Protector
- Mouth Guard

All competitors will be required to have 1 blue belt and 1 red belt.

4. Prohibited Behavior:

- Techniques which make excessive contact, having regard to the scoring area attacked, and techniques which make contact with the throat.
- Clear strikes to the arms or legs, groin, joints, or instep.
- Dangerous/uncontrolled throwing techniques.
- Feigning, or exaggerating injury.
- Exit from the competition area (JOGAI) not caused by the opponent.
- Self-endangerment by indulging in behavior, which exposes the contestant to injury by the opponent, or failing to take adequate measures for self-protection, (MUBOBI).
- Avoiding combat as a means of preventing the opponent having the opportunity to score.
- Passivity – not attempting to engage in combat.
- Clinching, wrestling, pushing, seizing or standing chest to chest, without attempting a throw or other technique.
- Techniques, which by their nature, cannot be controlled for the safety of the opponent and dangerous and uncontrolled attacks.
- Talking to, or goading the opponent, failing to obey the orders of the Referee, discourteous behavior towards the Refereeing officials, or other breaches of etiquette.

5. Warnings and Penalties:

- a) First warning: **CHUKOKU** is imposed for the first instance of a minor infraction for the applicable category.
- b) Second warning: **KEIKOKU** is imposed for the second instance of a minor infraction for that category, or for infractions not sufficiently serious to merit **HANSOKU-CHUI**.
- c) Last warning: **HANSOKU-CHUI**. This is a warning of disqualification usually imposed for infractions for which a KEIKOKU has previously been given in that bout although it may be imposed directly for serious infringements, which do not merit **HANSOKU**.
- d) Disqualification from the match: **HANSOKU**. This is the penalty of disqualification following a very serious infraction or when a HANSOKU CHUI has already been given. In team matches the fouled competitor's score will be set at eight points and the offender's score will be zeroed.
- e) Disqualification from the competition: **SHIKKAKU**. This is a disqualification from the actual tournament, competition, or match. In order to define the limit of **SHIKKAKU**, the Referee Commission, must be consulted. **SHIKKAKU** may be invoked when a contestant fails to obey the orders of the Referee, acts maliciously, or commits an act which harms the prestige and honour of Karate-do, or when other actions are considered to violate the rules and spirit of the tournament. In team matches the fouled competitor's score will be set at eight points and the offender's score will be zeroed.

CATEGORY 1 and CATEGORY 2, WKF rules

6. Kumite Vocabulary:

- a) Bow to the Referees / opponent: "REI"
- b) Start: "SHOBU HAJIME!"
- c) Stop: "YAME"
- d) Return to initial positions: "MOTO NO ICHI"
- e) Referring to blue belt: "AO"
- f) Referring to red belt: "AKA"
- g) Awarding 1 point: "AO / AKA, (name of technique), YUKO"
- h) Awarding 2 points: "AO / AKA, (name of technique), WAZA-ARI"
- i) Awarding 3 points: "AO / AKA, (name of technique), IPPON"
- j) Awarding a penalty: "AO / AKA, (name of penalty)"
- k) No points: "TORIMASEN"
- l) Out of the fighting area: "JOGAI"
- m) Resume the fight: "TSUZUKETE HAJIME"
- n) Announcing the winner: "AO / AKA, NO KACHI"

KATA RULES

1. Criteria for Decision:

- a) All styles of Kata are welcomed.
- b) Contestants may repeat the same Kata.
- c) The Kata must be performed with competence, and must demonstrate a clear understanding of the traditional principles it contains. In assessing the performance of a contestant the Judges will look for:
 - A realistic demonstration of the Kata meaning.
 - Good timing, rhythm, speed, balance, and focus of power (KIME).
 - Correct and proper use of breathing as an aid to KIME.
 - Correct focus of attention (CHAKUGAN) and concentration (YOI).
 - Correct stances (DACHI) with proper tension in the legs, and feet flat on the floor.
 - Proper tension in the abdomen (HARA) and no ups and downs of the hips when moving.
 - Correct form (KIHON) of the style being demonstrated.
- d) A contestant who comes to a halt during the performance of the Kata, or who performs a Kata different than the one he announced will be disqualified.
- e) A contestant who performs an ineligible Kata will be disqualified.
- f) In Team Kata, Bunkai will not be required during the finals.

2. Operation of Matches:

1. At the start of each bout and in answer to their names, the two contestants, one wearing a red belt (**AKA**), and the other wearing a blue belt (**AO**), will line up at the match area perimeter facing the Kata Judge. Following a bow to the Judging Panel, and a bow between the 2 competitors, **AO** will then step back out of the Match Area. After moving to the starting position and a clear announcement of the name of the Kata that is to be performed, **AKA** will begin by himself, without the need of any command from the Judges. On completion of the Kata, **AKA** will leave the area to await the performance of **AO**. After **AO**'s Kata has been completed both will return to the match area perimeter and await the decision (by flags) from the Panel.
2. If a contestant is disqualified the Chief Judge will cross and uncross the flags (as in the Kumite TORIMASEN signal).
3. After completion of both Kata, the contestants will stand side by side on the perimeter. The Chief Judge will call for a decision (HANTEI) and blow a two-tone blast on the whistle whereupon the Judges will cast their votes.

4. The decision will be for **AKA** or **AO**. No ties are permitted. The competitor who receives the majority of votes will be declared the winner by the Judges.
5. The competitors will bow to each other, then to the Judging Panel, and leave the area.

REFEREES

The organization welcomes and thanks all referees that volunteer to help during the event. National referees will be paid according to Karateliito's rules. International referees will be paid in the sum of 100€. Snacks and drinks will be offered to all referees.

MEDALS AND AWARDS

Each Category will have 3 medalists. SEITOKAI will also offer a trophy for the "*Best Competing Team*", awarded to the school / dojo with the most points in the end:

GOLD MEDALS = 3 points **SILVER MEDALS** = 2 points **BRONZE MEDALS** = 1 point

TATAMI – COMPETITION AREA

There will be 3-4 competing areas, with tatami.



EXPECTED SCHEDULE

- 11:00** – REGISTRATIONS & WEIGHING (please bring KaratePass for markings)
11:30 – REFEREE MEETING
11:50 – COACH MEETING
12:00 – COMPETITION STARTS
19:00 – TROPHY AWARD: “BEST COMPETING TEAM 2016”

PRE-REGISTRATION, AND ALL INFO OF THE EVENT:

WWW.SPORTDATA.ORG

WWW.SEITOKAICHALLENGE.WEBS.COM

PRE-REGISTRATIONS UNTIL 19.8.2016:

25€ (individual categories)

40€ (team categories)

REGISTRATIONS ON THE DAY OF THE EVENT:

35€ (individual categories)

60€ (team categories)

PAYMENTS CAN BE DONE BY BANK
TRANSFER:

FI46 8013 0710 6300 29

OR IN CASH, ON THE DAY OF THE
EVENT.

IN CASE OF BANK TRANSFER, PLEASE
BRING A PROOF OF PAYMENT.

YOU CAN ALSO SEND AN EMAIL TO PRE-REGISTER, WITH:

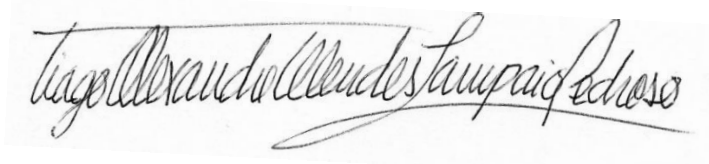
- NAME, AGE, GRADE, WEIGHT, DOJO AND CATEGORIE(S) OF PARTICIPATION

Venue: Sarvastonkaari 23, 00840 Helsinki

More info: +358 40 364 7540 ; info@seitokai.eu ; www.seitokai.eu ;

www.seitokaichallenge.webs.com

REPRESENTING SEITOKAI, I EXTEND TO ALL
OF YOU MY WARM WELCOME.



TIAGO PEDROSO

3.DAN KARATE-DO SHOTOKAN

2.DAN KARATE-DO SHOTOKAI

