

# Summer Camp Kata & Kumite

Lead by

WKF double World Champion Jasem Vishkaei & Renshi Johan Backteman 6th dan

- Date** Saturday August 23<sup>rd</sup>
- Goal** We will hold an open training camp in karate aiming for kumite and kata, as well as trying out Kobudo (Bo-stick). The seminar is open for all styles. **You are free to choose kata, kumite or both.** This training camp seminar is intended to widen the knowledge of the participant's daily karate training, as well as in competitions, and Budo.
- Participants** Everyone is welcome! We will also hold a separate session for half-advanced participants.
- Leadtimes** The seminar starts at 10:00, and ends at 16:00. Select the training session that best suits you.  
10:00 – 12:00 **Kumite** - Jasem, advanced  
10:00 – 12:00 **Kumite**, half-advanced  
10:00 – 12:00 **Kata** - Johan  
12:00 – 13:30 Lunch  
13:30 – 15:30 **Kumite** – Jasem  
13:30 – 14:30 **Kata**- Johan  
14:30 – 15:30 **Kobudo**- Johan  
15:30 – 16:00 Stretching, gathering/review
- Place** Torpahallen, Billerudsgatan 1, Gothenburg. Located 100 m from the Apple Hotel.
- Nutrition** Bring your own lunch and fruit. It is possible to eat lunch at nearby restaurants.
- Equipment** Gi, protection (kumite), water bottle, and Bo-stick if you have one.  
We will have a limited amount of Bo-sticks in place for those that need to borrow.
- Fee** 500 SEK/person. Payment is made at location. A receipt will be received upon payment.
- Entering** Sign up by sending an e-mail to [karateopen@gmail.com](mailto:karateopen@gmail.com). Supply your name, amount of participants, and which sessions you want to participate in.
- Contact** Siamak Rezaie, phone: +46 704 441025
- Others** We also offer free sleeping accommodations at the Gothenburg Karate Academy dojo.

## About the instructors



### Kata

Renshi Johan Backteman is district trainer at ÖNKF. He has been practicing karate-do for over 30 years. He has been the head coach of the Swedish Kata National Team and is the former national team member in both kata and kumite. Renshi Johan Backteman holds the 6th dan Motobu-ha Shito-ryu, 4th dan in Kuniba-ryu Goshindo, 4th dan in Kuniba-Ryu Kobudo, as well as 2nd dan Kunibaryu laido.

### Kumite

Jasem Vishkaei has double gold at the WKF World Championship, both as junior and senior, WKF World Championship silver, gold at Paris Open, and 10's of other gold medals from various championships around the world.

He also has several gold both in the Asian Championships, and the Asian Olympic Games, and is ten times champion of Iran (a country with a million karate practitioners).

