

REGULATION AND REGISTRATION DETAILS

2014 version

5rd Open ORLEANS ASPTT Kata

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It should be noted that the male gender used in this text also refers to the female.

5rd Open ORLEANS ASPTT Kata

Depending on the categories, there will be 3 groups of individual competitors:

1. Pupils (2004-2005), Youngest (2002-2003), School juniors (2000-2001) male and female.
2. Cadets (1998-1999), Juniors (1996-1997), Seniors (1995 and before) and Veterans 1(1967 to 1977), Veterans 2 (1957 to 1966), Veterans 3 (1947 to 1956).
3. Female Open (from School juniors to seniors), Male Open (from School juniors to seniors)

Depending on the categories, there will be 3 groups of team competitors:

1. **Youngest and School junior Team, male and female.**
2. **Cadet-Junior Team, male and female.**
3. **Open Team, male, female or mixed.**

The judgement will be made with the flag system.

The competitions will apply the direct elimination system with repechage for the two 3rd places.

Regulation

ARTICLE 1: COMPETITION AREA

The competition area must be flat and devoid of hazard.

The competition area must be of sufficient size to permit the uninterrupted performance of Kata.

ARTICLE 2: OFFICIAL DRESS

Contestants must wear a Karate-gi or a tracksuit, coaches a tracksuit and trainers and referees must wear the official uniform.

The Referee Commission may disbar any official or competitor who does not comply with this regulation.

REFEREES:

Referees must wear the official uniform designated by the Referee Commission.

The official uniform will be as follows:

- A single breasted navy blue blazer bearing two silver buttons.
- A white shirt with short or long sleeves, depending on the weather.
- An official tie, worn without tiepin.
- Plain light-grey trousers without turn-ups.
- Plain dark blue or black socks and black slip-on shoes for use on the match area.

CONTESTANTS:

Contestants must wear a white karate-gi without stripes or piping. The club emblem will be worn on the left breast of the jacket and may not exceed an overall size of 100 cm². The original manufacturer's labels may be displayed on the karate-gi (at the right bottom of the jacket and at the waist for the trousers). An identification number issued by the Organising Committee will be worn on the back. One contestant must wear a red belt and the other a blue belt. The belts must be around 5cm wide and of a length sufficient to allow 15cm free on each side of the knot.

The jacket, when tightened around the waist with the belt, must be of a minimum length that covers the hips, but must not be more than three-quarters thigh length. Female competitors may wear a plain white T-shirt beneath the Karate jacket. Male competitors may not wear any T-shirt beneath the Karate jacket.

The maximum length of the jacket sleeves must be no longer than the bend of the wrist and no shorter than halfway down the forearm. Jacket sleeves may not be rolled up. Taking off the jacket is forbidden, even for the respiratory Katas.

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The trousers must be long enough to cover at least three quarters of the shin and may not be rolled up. The trousers must not reach below the anklebone.

Contestants must keep their hair clean and cut to a length that does not obstruct smooth bout conduct. Hachimaki (headband) will not be allowed.

Should the Referee consider any contestant's hair too long and/or unclean, he may disbar the contestant from the bout. Hair slides and hairpins may be discreet.

The wearing of any other clothing or equipment is forbidden.

The use of bandages or supports because of injury must be approved by the Official Doctor.

ARTICLE 3: PARTICIPATION

Registration fees for competitors and teams have to be paid to the organiser at the registration.

Registration fees are non-redeemable even if the registered competitor does not participate.

Participants must be insured against accidents. The organiser accepts no responsibility in case of accident.

ARTICLE 4: REGISTRATION and PRIZES

The Open Kata is restricted to clubs and competitors members of a federation affiliated to the EKF or the WKF.

The registration form has to be send by the person in charge of the club or its official representative to the organiser before **May, 12th 2014**.

Only the competitors registered on the official lists of participants will be allowed to participate.

No registration will be taken on-site and no replacement of competitor will be accepted.

Prizes will be given after the finals.

There will be cash for seniors and veterans, gift cards for juniors and cadets and cups and trophies for the other categories.

ARTICLE 5: ORGANISATION OF THE COMPETITION

Kata competition takes the form of individual and team matches.

A contestant or a team will be expected to perform a Kata from the list (Annex 2) corresponding to his age category. Variations as taught by the contestant's school are permitted. The score table will be notified of the choice of Kata prior to each round.

Individual competitors or teams not presenting at the call will be disqualified (Kiken).

In Open, the contestant will be able to perform the Kata of his choice, from the list of his style, without the category distinction.

Regulation

Individual competition:

The individual match consists of individual performance in separate male and female divisions, and in age category divisions.

The pupil and youngest categories will be expected to perform a different Kata from the list (see Annex 2) in each round. For the next rounds, the competitor can redo a Kata from the 3 first rounds (different Kata in each round). **The youngest category is allowed to perform a superior kata from their list from the first round.**

The school junior category will be expected to perform a Kata from the list (see Annex 2).

A Kata can only be performed once, however, IF the competition exceeds 4 rounds, a Kata may be performed twice. **The school junior category is allowed to perform a superior kata from their list from the first round.**

In the other categories, a Kata can only be performed once, however, IF the competition exceeds 5 rounds, a Kata may be performed twice. For the podium places, the competitor can redo a Kata already performed.

Kata will be in accordance with the schools of Karate-do recognised, based on the Goju-Ryu, Shito-Ryu, Shotokan and Wado-Ryu systems.

Team competition:

The competitors of a same team must come from the same club.

The teams can be exclusively male or exclusively female. (Except for the **OPEN** teams, where the composition can be male, female or mixed).

The open teams can be constituted of competitors from the Cadet category to the Veteran category.

The teams (youngest-school junior, cadet-junior and Open) will be expected to perform a different Kata in each elimination round.

For the youngest-school junior teams, a Kata can only be performed once, excepted if the team has to perform more than 3 Kata during the elimination rounds. In this case, from the 4th Kata, the team can redo one of the 4 Kata performed during the previous rounds.

For the cadet-junior and Open teams, a Kata can only be performed once, excepted if the team has to perform more than 3 Kata during the elimination rounds. In this case, from the 5th Kata, the team can redo one of the 4 Kata performed during the previous rounds. In the bouts for medals, only the cadet-junior teams have to perform a Bunkai.

The competitors composing a team must be the same during the whole competition. No replacement is allowed. The team will be disqualified if one competitor is changed.

For the competition of Open teams, there will not be any Bunkai during the finals.

Regulation

Over-classification:

The over-classification of 2 school junior competitors is allowed in cadet-junior teams.

The over-classification of one pupil competitor is allowed in youngest-school junior teams.

ARTICLE 6: OPERATION OF MATCHES

At the start of each bout, after an announcement of their Kata at the score table and in answer to their names, the two contestants or teams, one wearing a red belt (AKA) and the other wearing a blue belt (AO), will line up at the match area perimeter facing the Chief Kata Judge.

Following a bow to the Judging Panel, AO will then step back out of the match area and await his performance. AKA moves to the starting position in the match area. After another bow to the Judging Panel and after the announcement of the name of the Kata that is to be performed, AKA will begin. On completion of the Kata, AKA will leave the area to await the performance of AO. After AO's Kata has been completed, both will return to the match area perimeter and await the decision from the Panel.

If the Kata does not conform to the Rules, or there is some irregularity, a Judge may call the other Judges in order to reach a verdict, if necessary, and after the performance of both competitors.

If a contestant or a team is disqualified the Chief Judge will cross and uncross the flags. The opposing contestant or team is the winner. During the elimination rounds, it is possible to disqualify both competitors and teams. In the bouts for medals, the Judging Panel must take a decision to stop the final classification.

After completion of both Kata, the contestants will stand side by side on the perimeter. The Chief Judge will call for a decision (HANTEI) and blow a two-tone blast on the whistle.

The three flags will be raised simultaneously.

To lower the flags, the Judge will blow a short blast on the whistle.

The decision will be for AKA or AO, no ties are permitted. The competitor or the team who receives two or three flags (majority decision) will be declared the winner. After the decision, the competitors will bow to each other, then to the Judging Panel and leave the area.

The competitor or the team should have 2 minutes recovering between each Kata.

ARTICLE 7: THE JUDGING PANEL

For each match, the panel of three or five Judges will be designated by the Referee Commission or Match Area Controller.

The Judges of a Kata match must be from the same club of either of the participants. For the semi-finals and the finals, the Judging Panel must be neutral. (When the number of Judges is sufficient to do so)

Scorekeepers and caller/announcers will be appointed by the Judging Panel.

The persons at the score table equip themselves with the rules and the official list of Kata for each category and warn children (-12 year old) who are about to perform a forbidden Kata.

Regulation

ARTICLE 8: CRITERIA FOR DECISION

The Kata must be performed with competence, and must demonstrate a clear understanding of the traditional principles it contains. In assessing the performance of a contestant or team the Judges will look for:

A realistic demonstration of the Kata meaning.

Understanding of the techniques being used (BUNKAI).

Good timing, rhythm, speed, balance, and focus of power (KIME)

Correct and proper use of breathing as an aid to KIME.

Correct focus of attention (CHAKUGAN) and concentration.

Correct stances (DACHI) with proper tension in the legs, and feet flat on the floor.

Proper tension in the abdomen (HARA) and no bobbing up and down of the hips when moving.

Correct form (KIHON) of the style being demonstrated.

The performance should also be evaluated with a view to discerning other points such as the difficulty of the Kata presented.

In Team Kata synchronisation without external cues is an added factor.

A contestant will be disqualified:

- If he stops the performance
- If he falls
- If he performs a different Kata from the one announced (* latitude is given in the -12 categories)
- If he forgets a technique or makes an additional move
- If he commits a misconduct or a mistake
- If he changes the orientation of the move (EMBUSEN of the Kata) to avoid a Judge.

For the -12 categories, in case of a mistake, the competitor is allowed to start over, but the Judges must designate his opponent as the winner (and not only the Chief Judge)

ARTICLE 9: OFFICIAL PROTEST

The Match Area Controller should be notified immediately the administrative malfunction is detected. He will take appropriate action immediately. His decision may be appealed to the head refereeing or the head Kata and this immediately after the performance of both competitors and teams.

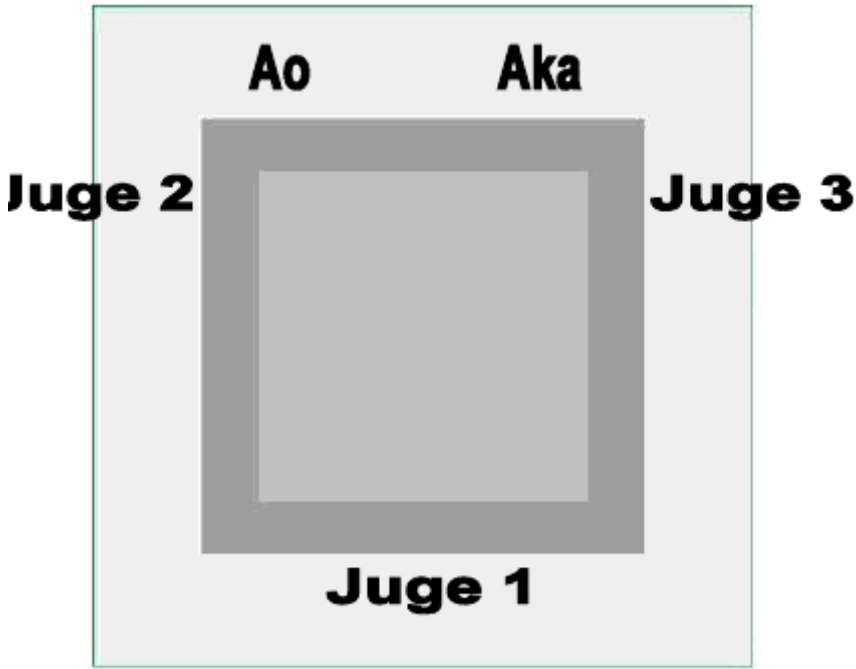
This protest can only be about a point of the rules and not about a Judgement of the members of the Refereeing Panel.

Regulation

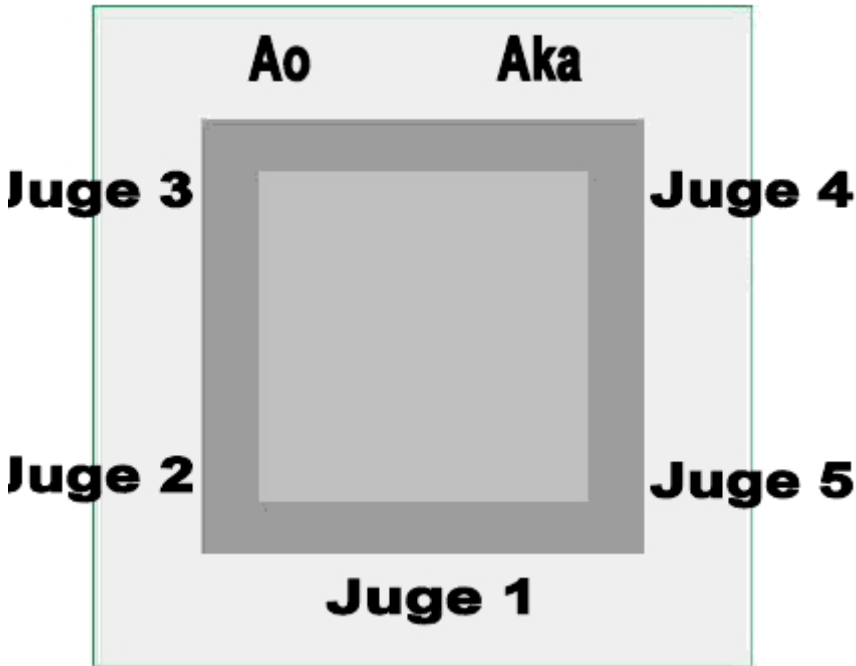
ARTICLE 10: MODIFICATIONS

Only the Organising Committee can alter or modify these rules.

ANNEX 1: LAYOUT OF THE COMPETITION AREA



ges :



Regulation

ANNEX 2: KATA LIST

- PUPILS (2004-2005)

- YOUNGEST (2002-2003)

- SCHOOL JUNIOR (2000-2001)

- CADETS (1998-1999), JUNIORS (1996-1997), SENIORS (1995 and before), VETERANS 1 (1967 to 1977), VETERANS 2 (1957 to 1966), and VETERANS 3 (1947 to 1956).

PUPILS

<u>SHOTOKAN</u>	<u>WADO RYU</u>	<u>SHITO RYU</u>	<u>GOJU-RYU</u>
TAIKYOKU SHODAN	TAIKYOKU SHODAN	SHIOZUKI 1	SHI HO UKE ICHI
TAIKYOKU NIDAN	TAIKYOKU NIDAN	SHIOZUKI 2	SHI HO UKE NI
TAIKYOKU SANDAN	TAIKYOKU SANDAN	JUNI NOKATA SHODAN	SHI HO UKE SAN
HEIAN SHODAN	PINAN NIDAN	JUNI NOKATA NIDAN	FUKI KATA DAI ICHI
HEIAN NIDAN	PINAN SHODAN	PINAN NIDAN	FUKI KATA DAI NI
HEIAN SANDAN	PINAN SANDAN	PINAN SHODAN	GEKISAI DAI ICHI
HEIAN YODAN	PINAN YODAN	PINAN SANDAN	GEKISAI DAI NI
	PINAN GODAN		
	PINAN YODAN		

YOUNGESTS

<u>SHOTOKAN</u>	<u>WADO RYU</u>	<u>SHITO RYU</u>	<u>GOJU-RYU</u>
5 HEIAN	5 PINAN	5 PINAN	FUKI KATA DAI ICHI
TEKKI SHODAN	NAIFANCHI SHODAN	NAIFANCHI SHODAN	FUKI KATA DAI NI
BASSAI DAI	BASSAI	BASSAI DAI	GEKISAI DAI ICHI
	SAIFA	GEKISAI DAI NI	
	SHIN SEI	SAIFA	

SCHOOL JUNIOR

<u>SHOTOKAN</u>	<u>WADO RYU</u>	<u>SHITO RYU</u>	<u>GOJU-RYU</u>
5 HEIAN	5 PINAN	5 PINAN	FUKI KATA DAI ICHI
TEKKI SHODAN	NAIFANCHI SHODAN	NAIFANCHI SHODAN	FUKI KATA DAI NI
BASSAI DAI	BASSAI	BASSAI DAI	GEKISAI DAI ICHI
KANKU DAI	KUSHANKU	KOSOKUN DAI	GEKISAI DAI ICHI
EMPI	WANSHU	SAIFA	SAIFA

Regulation

JION	JION	SEIENCHIN	SEIYUNCHIN
	SHIN SEI		

MAIN KATA LIST OF THE WORLD KARATE FEDERATION**CADETS, JUNIORS AND SENIORS****SHOTOKAN Katas**

BASSAI DAI	HANGETSU	GOJUSHIO-DAI
BASSAI SHO	JITTE	GOJUSHIO-SHO
KANKU DAI	EMPI	CHINTE
KANKU SHO	GANKAKU	UNSU
TEKKI SHODAN	JION	MEIKYO
TEKKI NIDAN	SOCHIN	WANKAN
TEKKI SANDAN	NIJUSHIO-SHO	JIIN

WADO-RYU Katas

KUSHANKU	NISEISHI	SUPAIMPEI
NAIFANCHI	ROHAI	UNSU
SEISHAN	WANSHU	KUNPU
CHINTO	JION	
BASSAI	JITTE	

SHITO-RYU Katas

JITTE	KOSOKUN-SHO	NAIFANCHIN-NIDAN	KURURUNFA
JION	KOSOKUN-SHIHO	NAIFANCHIN-SANDAN	SUPARIMPEI
JIIN	CHINTO	AOYAGI (SEIRYU)	HAKUCHO
MATSUKAZE	CHINTE	JYUROKU	PACHU
WANSHU	SEIENCHIN	NIPAPO	HEIKU
ROHAI	SOCHIN	SANCHIN	PAIKU
BASSAI DAI	NISEISHI	TENSHO	ANNAN
BASSAI SHO	GOJUSHIO	SEIPAI	ANNANKO
TOMARI-BASSAI	UNSU	SANSEIRU	PAPUREN
MATSUMURA-BASSAI	SEISAN	SAIFA	CHANTANYARA-KUSHANKU

Regulation

KOSUKUN-DAI	NAIFANCHIN- SHODAN	SHISOCHIN	
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GOJU-RYU Katas

SANCHIN	SANSERU	SUPARIMPEI
SAIFA	SEISAN	TENSHO
SEIYUNCHIN	SEIPAI	
SHISOCHIN	KURURUNFA	