

Gatineau, 3 – 5 August 2012

Organized by: Shitoryu Karate Canada (SKC)

OFFICIAL INVITATION (ISSUE-03)

updated on May 8, 2012

www.pskf.net



Canada, Gatineau, 3rd – 5th August 2012

1. INTRODUCTION

On behalf of the **Shitoryu Karate Canada (SKC)**, the Organizing Committee would like to extend our most cordial welcome to all Senseis, delegation leaders, honourable guests, officials, and contestants, etc. to be participated in this event. It is not only a very great pleasure for the SKC to host **the 15 Pan-American Shitoryu Karatedo Federation (PSKF) Championships** on **3 - 5 August 2012 in Gatineau**, **Quebec**. May we assure you that all who are responsible for this event will do their utmost to make your stay pleasant with full of Shitoryu's friendship, joy and treasured memories.

Canada is a North American country consisting of ten provinces and three territories. Located in the northern part of the continent, it extends from the Atlantic Ocean in the east to the Pacific Ocean in the west, and northward into the Arctic Ocean. Spanning over 9.9 million square kilometres, Canada is the world's second-largest country by total area, and its common border with the United States is the longest land border in the world.

Gatineau is a city in western Quebec, Canada. It is the fourth largest city in the province. It is located on the northern banks of the Ottawa River, immediately across from Ottawa, Ontario, and together they form Canada's National Capital Region. Ottawa and Gatineau comprise a single Census Metropolitan Area. As of 2011 Gatineau had a population of 265,349, and metropolitan population of 1,236,324.



Gatineau City

The following is some useful highlights about Canada:

History - The name Canada comes from the St. Lawrence Iroquoian word *kanata*, meaning "village" or "settlement". In 1535, indigenous inhabitants of the present-day Quebec City region used the word to direct French explorer Jacques Cartier to the village of Stadacona. Cartier later used the word Canada to refer not only to that particular village, but also the entire area subject to Donnacona (the chief at Stadacona); by 1545, European books and maps had begun referring to this region as Canada.

In the 17th and early 18th centuries, "Canada" referred to the part of New France that lay along the St. Lawrence River and the northern shores of the Great Lakes. The area was later split into two British

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colonies, Upper Canada and Lower Canada. They were re-unified as the Province of Canada in 1841. Upon Confederation in 1867, Canada was adopted as the legal name for the new country, and the word Dominion was conferred as the country's title. However, as Canada asserted its political autonomy from the United Kingdom, the federal government increasingly used simply Canada on state documents and treaties, a change that was reflected in the renaming of the national holiday from Dominion Day to Canada Day in 1982

Climate and Weather – Canada's climate is not as cold all year around as some may believe. In winter, temperatures fall below freezing point throughout most of Canada. But the south-western coast has a relatively mild climate. Along the Arctic Circle, mean temperatures are below freezing for seven months a year.

During the summer months the southern provinces often experience high levels of humidity and temperatures that can surpass 30 degrees Celsius regularly.

Western and south-eastern Canada experience high rainfall, but the Prairies are dry with 250 mm to 500 mm of rain every year.

Language - Canada's two official languages are Canadian English and Canadian French. Official bilingualism is defined in the Canadian Charter of Rights and Freedoms, the Official Languages Act, and Official Language Regulations; it is applied by the Commissioner of Official Languages. English and French have equal status in federal courts, Parliament, and in all federal institutions. Citizens have the right, where there is sufficient demand, to receive federal government services in either English or French, and official-language minorities are guaranteed their own schools in all provinces and territories.

English and French are the first languages of 59.7% and 23.2% of the population respectively. Approximately 98% of Canadians speak English or French: 57.8% speak English only, 22.1% speak French only, and 17.4% speak both. English and French Official Language Communities, defined by First Official Language Spoken, constitute 73.0 and 23.6% of the population respectively.

Time zone - Canada is divided into six time zones, based on proposals by Scottish Canadian railway engineer Sir Sandford Fleming, who helped pioneer the world's time zone system. Gatineau's Standard time zone is GMT -5.

Electricity - Canada's electrical supply and electrical outlets (sockets, wall plugs) are the same as those of the United States. The electrical supply is 110 Volts and 60 Hertz (cycles per second).

Currency – The Canadian currency system uses dollars (\$) and cents (\$) similar to the US, Australia and New Zealand. Most hotels, stores and restaurants will accept US dollars, though sometimes at a lower



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exchange rate than at banks or airports. Large hotels will usually give you a rate similar to those at the bank. It is always a good idea to convert some of your money to Canadian currency prior to leaving home.

2. PROGRAMME OF EVENTS

Date	Time	Events	Venue	
2 August (Thu)		Arrival of Delegations	Ottawa International Airport	
	08:00-20:00	Registration of Delegations ¹	Event Office ² , Holiday Inn Plaza la Chaudière Hotel	
		Weigh-in and age checking for Competitors (1) ³	Holiday Inn Plaza la Chaudière	
	08:00-18:00	Own-practice for Competitors (1)	Hotel	
	19:00-21:00	Welcome Dinner		
	08:00-20:00	Weigh-in and age checking for Competitors (2) ⁴		
	08:00-18:00	Own-practice for Competitors (2)		
3 August	09:00-12:00	Technical Seminar	Holiday Inn Plaza la Chaudière	
(Fri)	13:00-15:00	Referee Briefing	Hotel	
	15:00-18:00	Congress and General Meeting ⁵		
	18:00-20:00	Draw and Manager Meeting ⁶		
4 August	08:00-16:30	Junior Competitions & Prizes Presentations	Gatineau Sports Centre	
(Sat)	17:00-19:00	Senior Competitions (1)	·	
	08:30-12:00	Senior Competitions (2)		
	12:00-13:00	Opening Ceremony	Gatineau Sports Centre	
5 August (Sun)	13:00-17:00	Senior Competitions (3) & Prizes Presentation	Gatineau sports centre	
	19:00-23:00	Farewell Party	Holiday Inn Plaza la Chaudière Hotel	
August 6 (Mon)		Departure of Delegations	Ottawa International Airport	

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¹ Registration is to be made by a representative of each Delegation.

² Event Office will be open on August 2-5, from 08:00 to 20:00.

³ Competitors for weight-categories are to do a weigh-in check in any weigh-in session.

⁴ Competitors for weight-categories are to do a weigh-in check in any weigh-in session.

⁵ The 15th PSKF Congress & General Meeting is to be attended by not more than 2 representatives of each Delegation.

⁶ The Draw and Manager Meeting is to be attended by a representative of each Delegation.



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3. EVENTS AND CATEGORIES OF CHAMPIONSHIPS

No.	Events	Categories		Maximum Number of Entries
		_		from each Delegation ⁷
J01		Boys Individual	Age 6-7	Unlimited
J02			Age 8-9	Unlimited
J03			Age 10-11	Unlimited
J04			Age 12-13	Unlimited
J05			Age 14-15 Cadet	Unlimited
J06	Kata		Age 16-17 Junior	Unlimited
J07	(Age 6-17)		Age 6-7	Unlimited
J08	(Age 0-17)		Age 8-9	Unlimited
J09			Age 10-11	Unlimited
J10		Girls Individual	Age 12-13	Unlimited
J11			Age 14-15 Cadet	Unlimited
J12			Age 16-17 Junior	Unlimited
J13	Kumite	Boys Individual	Age 6-7	Unlimited
J14			Age 8-9	Unlimited
J15			Age 10-11	Unlimited
J16			Age 12-13	Unlimited
J17			Age 14-15 Cadet -57kg	Unlimited
J18			Age 14-15 Cadet -70kg	Unlimited
J19			Age 14-15 Cadet +70kg	Unlimited
J20			Age 16-17 Junior -60kg	Unlimited
J21			Age 16-17 Junior -75kg	Unlimited
J22	(Age 6-17)		Age 16-17 Junior +75kg	Unlimited
J23		Girls Individual	Age 6-7	Unlimited
J24			Age 8-9	Unlimited
J25			Age 10-11	Unlimited
J26			Age 12-13	Unlimited
J27			Age 14-15 Cadet -55kg	Unlimited
J28			Age 14-15 Cadet +55kg	Unlimited
J29			Age 16-17 Junior -55kg	Unlimited
J30			Age 16-17 Junior +55kg	Unlimited
U01	Kata	Men Individual	Age 18-20	Unlimited
	(Under 21)			
U02		Women Individual	Age 18-20	Unlimited

⁷ The hosting country/region will have the privilege to enter double as usual practice.



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S01		Men Individual Age +21	2 competitors
S02	Senior Kata	Men Team Age +16	1 team (3 competitors)
S03	(Age 21-39) Women Individual Age +21 2		2 competitors
S04		Women Team Age +16	1 team (3 competitors)

S05			-60 kg	2 competitors
S06			-67 kg	2 competitors
S07		Men Individual	-75 kg	2 competitors
S08			-84 kg	2 competitors
S09	Senior Kumite		+84 kg	2 competitors
S10	(Age 18-39)	Men Team Age +18		1 team (3 competitors)
S11			-50 kg	2 competitors
S12		Managa Individual	-55 kg	2 competitors
S13		Women Individual	-61 kg	2 competitors
S14			-68 kg	2 competitors
S15			+68 kg	2 competitors
S16		Women Tea	am Age +18	1 team (3 competitors)

V01	Kata (Veteran A)	Women Individual	Age 40-45	Unlimited
V02	,	Men Individual	Age 40-45	Unlimited
V03	Kumite (Veteran A)	Women Individual	Age 40-45	Unlimited
V04		Men Individual	Age 40-45	Unlimited
V05	Kata (Veteran B)	Women Individual	Age +46	Unlimited
V06		Men Individual	Age +46	Unlimited
V07	Kumite (Veteran B)	Women Individual	Age +46	Unlimited
V08		Men Individual	Age +46	Unlimited



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4. RULES AND REGULATIONS

- 4.1. All participants shall be members of PSKF, JKF-Shitokai, or the organizations practising Shitoryu Karatedo by direct invitation of the Organizer (subject to confirmation by the PSKF Executive Council).
- 4.2. All participants shall abide by the rules and regulations; infringement of any rules and regulations will render the entrant to be disqualified and the forfeiture of any trophy or certificate given or to be given.
- 4.3. The Organizer reserves the right to decline any application without giving any reason.
- 4.4. The Organizer has the sole and absolute discretion to interpret, alter and amend any of the rules regulations and to implement additional rules and regulations at any time it considers necessary for the orderly running of the Championships and associated events; and determine all matters arising out of the Championships and associated events. The decision of the Organizer in consultation with PSKF Executive Council will be final.
- 4.5. The latest **WKF Competition Rules** will be adopted for the championships unless otherwise notified by the Organizer or the Referee Commission in consultation with PSKF Executive Council.
- 4.6. In the cases of insufficient entries in any competition event categories, the Organizer has the sole and absolute discretion to cancel, merge or alter any event categories.
- 4.7. All Kumite contestants are required to bring along their own protective equipments, such as gum shield, mitts (red & blue), shin pads and foot protectors (red & blue), male groin guards, and female chest protectors, etc., and also their red and blue belts. The Organizer will not provide any of these equipments.
- 4.8. Only JKF-Shitokai and (World Shitoryu Karate Federation) style of Shitoryu Katas can be performed in all Kata competitions and NO Shitei Kata requires.
- 4.9. Boys and girls (up to age 15) may repeat their Katas in JUNIOR Kata events, but they must not perform the same Kata in two consecutive rounds.
- 4.10. All contestants are required to put a copy of their passports (the page with their photos) at the back of their contestants pass for checking.
- 4.11. Clarifications and Amendments to WKF Championships rules for the 15th Pan-American Shitoryu Karate-Do Championships

KUMITE COMPETITION

4.11.1. Kumite Competition Area / Competition Mats

The mats will be a minimum of 10 x 10 m The mat safety area will be one metre wide



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4.11.2. Body Protector

Cadets and under: the use of body protectors is optional however, if worn, they must be WKF- approved.

Mask

Cadets and under: The use of face masks is optional, however, if worn, they must be WKF-approved.

Mouth Guard

Is mandatory for all ages and divisions.

Male – Groin Protector

Groin Guards are not mandatory but if worn must be WKF- approved.

Female Chest Protector

Is mandatory and must be WKF-approved.

Head Gear

Ages 6 to 13 years old: the use of head gear is optional.

List of Katas

Kihon Katas	Dai Ichi Dosa, Dai Ni Dosa, Dai San Dosa, Juni no Kata	
Chatanyara	Kusanku	
Seisho Aragaki	Niseishi, Sochin, Unshu, Tomari no Bassai	
Go Kenki	Nipaipo	
Matsumura Sokon	Matsumura no Bassai, Matsumura no Rohai	
Kanryo Higaonna	Kururunfa, Saifa, Sanseru, Seienchin, Seipai, Seisan, Shisochin, Superimpei	
Anko Itosu	Heian Shodan to Godan, Bassai Dai, Bassai Sho, Chintei, Chinto, Gojushiho, Jiin,	
	Jion, Jitte, Kosokun Dai, Kosokun Sho, Shiho Kosokun, Naifanchin Shodan to	
	Sandan, Rohai Shodan to Sandan, Wansu	
Kenwa Mabuni Aoyagi, Juroku, Myojo, Shimpa, Matsukaze, Shinsei		

5. REGISTRATION OF DELEGATIONS

5.1. Registration is to be carried out during office hours at the Event Office of the Official Hotel (Holiday Inn Plaza la Chaudière Hotel) as scheduled below:

Date: 2 August 2012 (Thursday)

Time: 08:00 -20:00

Venue: Event Office, Holiday Inn Plaza la Chaudière Hotel

- 5.2. Each delegation should appoint 1 or 2 representative to do the registration for the team as soon as they have arrived at Holiday Inn Plaza la Chaudière Hotel.
- 5.3. The representatives will collect official information, contestant passes and souvenirs, etc. issued by the Organizer and also the purchased items ordered by the Delegation in advance.

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6. WEIGH-IN FOR KUMITE COMPETITORS FOR WEIGHT CATEGORY EVENTS

6.1. All Kumite competitors for weight category events have to do a weigh-in and age-checking within the designated time as detailed below:

Date: 2 and 3 August 2012 (Thursday and Friday)

Time: 08:00-20:00

Venue: Event Office, Holiday Inn Plaza la Chaudière Hotel

- 6.2. Any Kumite competitor for weight category event, who has not done the weigh-in checking within the designated time, will be disqualified and withdrawn from the Kumite competition.
- 6.3. Any Kumite competitor, whose weight is outside the range of the weight category from the weigh-in checking, will be disqualified and withdrawn from the Kumite competition.

7. OFFICIAL HOTEL

Holiday Inn Plaza la Chaudière Hotel

2 Montcalm Street Gatineau , Quebec J8X 4B4 Canada

Tell: 819-778-3040, Toll-Free: 800-567-1962

http://www.holidayinn.com/hotels/us/en/gatineau/yowcp/hoteldetail

7.1. The Official Hotel is the Holiday Inn Plaza la Chaudière Hotel (4-stars), located in the middle of National Capital Region, at the centre of National Capital Regions many attractions & 4Km from Canada's Parliament. We recommend that all participants of the 15th PSKF Championships stay in the Official Hotel.



7.2. Hotel Amenities At-A-Glance

- Indoor Salt-water Swimming Pool, Therapeutic Bath, Sauna
- 24hr Fitness Centre
- Business Centre
- Full Service Restaurant La Jardinière

Bedrooms (399 Sq. Ft.), with two Double beds or one King bed and in-room Safes. All guests will enjoy the cable television, Pay-Per-View movies & gaming, complimentary high-speed internet access, up-to 10 Mbps, dual line cordless speakerphone, and working desk. Each room is equipped with a full bathroom including hairdryer & positional make-up mirror.

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7.3. The special room rates are as followed:

Guestroom ONLY

Single to Quadruple occupancy CA\$139.00

Guestroom WITH BREAK FAST

Includes access to an American Breakfast buffet featuring REAL Maple syrup from Québec!

Single/Double occupancy CA\$153.95
Triple occupancy CA\$168.90
Quadruple occupancy CA\$183.00

All rates quoted in Canadian dollars are NET plus applicable taxes and are also based on availability at the time of reservation. Advanced reservations are required **before May 30, 2012**.

For further information, please contact:

Ms. Véronique Massie, Account Executive

Tel.: 819-778-3040 ext 210, Fax.: 819-778-3309, Toll-Free: 800-567-1962

vmassie@rosdevhotels.com

8. CHAMPIONSHIPS LOCATION

Gatineau Sports Centre

850 boulevard de la Gappe Gatineau, Quebec

Telephone: 819-503-8500

http://www.gatineau.ca/page.asp?p=quoi faire/centre sportif



8.1. The Gatineau Sports Centre opened its doors in the spring of 2010 at the corner of boulevard de la Gappe and boulevard de la Cité, near the Maison de la culture and the Pavillon Félix-Leclerc du Cégep de l'Outaouais.

Its 18,500 square metres accommodate a number of sports, including volleyball, gymnastics, water polo, synchronized swimming, swimming, diving and underwater hockey. Its advanced sports and recreational equipment are available to the general public and to Gatineau athletes training for excellence.

8.2. Gymnasium

• A 1,950 square-metre area (34 x 57 m, approximately 20,000 square feet)

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- A gymnasium consisting of three courts, each measuring 646 square metres (34 x 19 m), with solid removable dividers
- Each court has its own scoreboard
- A 9.5-metre high ceiling (high school gymnasiums are 7 to 7.5 metres high)
- Two levels of lighting (550 and 1000 lux)
- Permanent bleachers with seating for approximately 500 people
- An integrated audio system
- Safety nets for the bleachers
- An opaque curtain that can be drawn across the window onto boulevard de la Gappe
- 8.3. Gatineau Sports Centre is located in the middle of Gatineau city, 8.6 km east of the Official Hotel with 10 minutes drive.

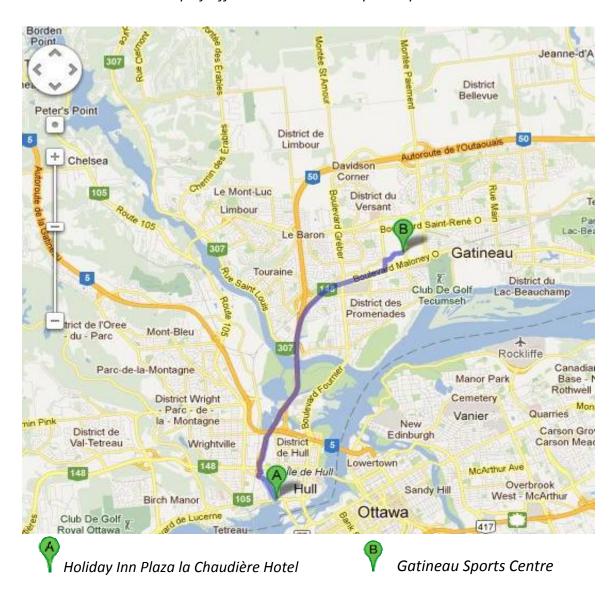
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Map of Official Hotel and Championships Location



8.4. Following transportation will be provided with the fee in the amount of **CA\$50** per person.

Ottawa International Airport - Official Hotel

Official Hotel - Gatineau Sports Centre



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9. TECHNICAL KATA SEMINAR

9.1. WSKF Senseis will conduct the Technical Seminar Kata session as schedules below:

Date: 3 August 2012 (Friday)

Time: 09:00-12:00

Venue: Holiday Inn Plaza la Chaudière Hotel

9.2. Entrée fee is CA\$70, which covers the seminar fee and a participation certificate.

10. REFEREE BRIEFING

10.1. PSKF Referee Sub-Committee will conduct the Referee Briefing as scheduled below:

Date: 3 August 2012 (Friday)

Time: 13:00-15:00

Venue: Holiday Inn Plaza la Chaudière Hotel

- 10.2. Each Delegation is advised to send a minimum of **TWO** Referees / Judges to the Referee Briefing to ensure that sufficient Referees / Judges will be available for the Championships.
- 10.3. All participants are required to wear the official uniforms and to bring along the latest WKF competition rules.

11. THE 15TH PSKF CONGRESS AND GENERAL MEETING

11.1. Each affiliated Delegation can nominate not more than TWO representatives on their behalf to attend the 15th PSKF Congress as scheduled below:

Date: 3 August 2012 (Friday)

Time: 15:00-18:00

Venue: Holiday Inn Plaza la Chaudière Hotel

11.2. Each affiliated Delegation is asked to submit and present a report of your organization in the meeting. The report shall contain a brief description of the development of your or organization.



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12. DRAW AND MANAGER MEETING

12.1. Every Delegation has to appoint TWO representatives to be present in the Draw and Manager Meeting as scheduled below:

Date: 3 August 2012 (Friday)

Time: 18:00 – 20:00

Venue: Holiday Inn Plaza la Chaudière Hotel

- 12.2. Any changes of competition rules for the orderly running of the Championships will be announced in the Manager Meeting.
- 12.3. One set of draw results will be issued to each Delegation after 20:00 on 3 August 2012 (Friday). Please send a representative to the Event Office to collect the draw results.

13. WELCOME DINNER

13.1. SKC cordially invites PSKF Executive Council Members, Honorary Advisors and Technical Advisors, JKF-Shitokai Senseis, Delegation Representatives (Head of Delegation, 1 per country/region), and all Referees to the Welcome Dinner as scheduled below:

Date: 2 August 2012 (Thursday)

Time: 19:00 – 21:00

Venue: Holiday Inn Plaza la Chaudière Hotel

- 13.2. The invitation is NOT transferable; additional Welcome Dinner tickets for other guests or companions could be purchased at a rate of **CA\$60** each.
- 13.3. Invited guests should bring along their Welcome Dinner tickets for entry.
- 13.4. Dress code: smart casual.

14. FAREWELL PARTY

14.1. Each participant has to pay the entry fee in the amount of **CA\$65** for the Farewell Party as scheduled below:

Date: 5 August 2012 (Sunday)

Time: 19:00 – 23:00

Venue: Holiday Inn Plaza la Chaudière Hotel



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- 14.2. All participants should bring along their entry tickets. Dress code: smart-casual.
- 14.3. Farewell Party is the most suitable venue for delegations and any persons to present souvenirs or exchange of gifts.

15. INSURANCE

The Organizing Committee strongly urges the delegates to consult their medical insurance company prior to travelling to Canada to determine whether the policy applies overseas and whether it covers emergency expenses. It is obligatory that all participants and members of delegations must ensure their own medical insurance and personal tip insurance.

16. ENTRY VISA TO CANADA

Following countries require visa to enter Canada. Please allow ample time to acquire the visa. It is advisable for the intending participants and their members to contact the nearest Canadian Embassy in their respective country as soon as possible. The Embassy personnel will give the details, advice, and instructions on how to apply visa and the necessary documents.

Argentina, Brazil, Chile, Cuba, Dominican Republic, Guatemala, Mexico, Nicaragua, Panama, Uruguay, Venezuela

17. DOPING

Doping is strictly prohibited.

18. NATIONAL FLAG

- 18.1. Each Delegation is required to bring along a national flag of their country/region or Olympic flag, if appropriate, and bring it to the Event Office during registration.
- 18.2. The size of the flag should not be larger than 150 cm x 100 cm.



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19. CONTACT OF THE ORGANIZER AND SUBMISSION

The contact information of SKC is given below:

Organizer : Shitoryu Karate Canada (SKC)

Name of Person : Allen Tanzadeh (Technical Director of Shitoryu Karate Canada)

E-mail Address : pskf2012@gmail.com

Mobile Phone No. : 416-402-7119

Postal Address : Shitoryu Karate Canada Honbu Dojo

883 Sixteenth Ave, Unit 1

Richmond Hill, Ontario L4B 3E5 Canada

Website : <u>www.pskf.net</u>

20. SUBMISSION OF FORMS

20.1. All duly completed Official Registration Forms & Official Entry Forms (See Annex 1), Arrangement Request Forms (See Annex 2), and Summary of Payment (See Annex 3) shall be submitted to the Organizer

on or before the Deadline: 30 May 2012

20.2. Competition events with sufficient numbers of entries may be closed after the deadline for submission, and no more applications will be accepted then.

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21. PARTICIPATION FEES

The participation fees (for each person) for the above events are summarized below:

	Event	Fee	Remark	
1	Registration Fee	CA\$65	All participants have to pay it. It covers the participation fees for all individual events.	
2	Championships	CA\$50	For each team event.	
3	Technical Seminar	CA\$70	It covers seminar fee and a participation certificate.	
4	Welcome Dinner	CA\$60	By invitation. This is the price for an additional ticket if required.	
5	Farewell Party	CA\$65	Each participant has to pay the fee.	
		CA\$20	Day 1	
6	Spectators	CA\$20	Day 2	
		CA\$35	Day 1 and Day 2	
		CA\$139	Single to Quadruple occupancy.	
7	Hotal	CA\$153.95	Single/Double occupancy with breakfast.	
'	Hotel	CA\$168.90	Triple occupancy with breakfast.	
		CA\$183.00	Quadruple occupancy with breakfast.	
8	Transportation	CA\$50	The fee is per person. Transportation between airport and Official Hotel Transportation between Official Hotel to Sports Centre and vice versa.	

Please note that all fees are in Canadian dollars.

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22. PAYMENT OF FEES

22.1. All the required fees and payments shall be sent to the Organizer's bank account (SKC's Treasurer) in Toronto by <u>Telegraphic Transfer</u>.

on or before the Deadline: 30 May 2012

- 22.2. After sending the fees and payments, please notify and send the relevant receipts to PSKF Office by email for record.
- 22.3. The rates given in this Invitation may be subject to adjustments after the deadline.
- 22.4. The details of the Organizer's bank account (SKC's Treasurer) are given below:

Swift Code : CIBC CATT

Name of Bank : CIBC 010

Branch / Transit : 06312

Account Number : 2327716

Account Name : Shitoryu Karate Canada

Branch Address : 800 Steels Avenue West

Vaughan, Ontario

L4J 7L2 Canada

Branch Phone : +1 905-660-3476

Branch Fax : +1 905-660-9546

Please note that all the payments are in Canadian dollars.



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CONCLUSION

We are desirous on seeing our sportsmen, members, children and others, not only being physically fit but also living a healthy life.

We are also desirous to see our members, children and others being guided towards becoming citizen of exemplary character, disciplined, respectful, obedient, mentally alert and free from social-ills, negative attitudes or inclination towards delinquency.

The fine norms and values that we learnt are reflected in the regimen of our training and our participation in the championship. We believe it could contribute to the government's effort in sport development and to achieve its noble objectives.

The 15th PSKF Championships, Organizing Committee Members

Allen Tanzadeh - Shitoryu Karate Canada, Technical Director **Claude Larouche -** Shitoryu Karate Quebec, Technical Director

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