

# 1<sup>st</sup> Alagas Cup 2012

## *International Karate Tournament – 16. June 2012*

Dear friends of karate

It's my great pleasure to welcome all participants of the 1<sup>st</sup> Alagas Cup tournament here in France.

So far, Karate athletes have been rewarded with trophies and titles. But now it's time for new features in the world of Karate. We'd like to set a milestone with this tournament in terms of reward and honour. We hope that all participants recognize the idea behind it.

Karate is not just competition. Karate is much more an art and philosophy, for some people a way of life. We are right in this life, some of us fully and some partially. Nevertheless, we want to measure our skills with each other.

For this, we travel around the world. It's not just opponents, who we meet in tournaments but also friends. This is also something beautiful in Karate. It will be a mix of professionalism, friendship and karate together. Karate connects all people and generations, regardless of race, religion, social and political status.

I hope in this tournament, we will see our progress in terms of competition.

Let us find the best and also the best of the best "1<sup>st</sup> Alagas Cup".

I'm looking forward to the exciting competitions.

Kind regards

*Atay KILIC*

Atay KILIC

*President*

*Karaté Club  
PHALSBOURG*



# 1<sup>st</sup> Alagas Cup 2012

*Centre Sportif*

*57370 Phalsbourg*

*France*

**Saturday, 16. June 2012**

*Categories Juniors U21*

*Categories Seniors 18+ and Veterans 40+*

Registration on: [www.sportdata.org](http://www.sportdata.org)

## **Entrance**

Entrance to the Sport hall will be free of charge for authorized people and guests from abroad (countries).

Saturday : 5 Euros (Free for children)

**Organizer** : Federation Française KARATE

## Registration on [www.sportdata.org](http://www.sportdata.org)

The registration needs to include following information:

- Online registration of the athletes on [www.sportdata.org](http://www.sportdata.org)
- Name of official Coach
- Name of Referee
- Name of official representative (maximal 2 people, e.g. 1 president of the association, 1 technical director)
- Name of photographer & press (maximal 2 people, 1 photographer, 1 press)

**Only companions with a valid and official card (Coach-card, press-card, photographer card) are allowed to enter the hall. All other companions & spectators may only accede the grandstand & must not enter the hall (tatami area). Spare cards will not be distributed on the tournament day.**

## Registration deadline

**Wednesday, 13 June 2012 18:00**

Online registration of athletes, coaches, referees & other official participants on [www.sportdata.org](http://www.sportdata.org).

**Registrations after the deadline will not be considered !**

## Payment of the registration fee in Euros

10 Euros- Children U12-U14, Cadets U16, Juniors U18

20 Euros- U21, Seniors 18+, Veterans 40+

45 Euros- Teams

**The registration fees need to be payed to the organizer.**

**Refund only with a personal medical certificate !**

## Drawing

**Wednesday, 13 June 2012 21:00**

## Rules

According to the rules of WKF & Federation Française Karate with small adjustments (see below).

## Liability

Insurance is the participant's own responsibility. The organizer, Federation Française Karate, exclude any form of liability whatsoever. With the registration the participant & the Dojo-director confirm the physical and psychic health of the participant as well as the participation in the tournament without any difficulty as regards health.

## Participation

The simultaneous participation in two or more categories within Kata or Kumite is not permitted. The exceptions are mentioned in the categories.

## Coach

Only companions with a valid and official Coach-card of the Alagas Cup are allowed to enter the hall. All other companions & spectators may only accede the grandstand & must not enter the hall (tatami area).

Each club will get one Coach-card per 5 Competitors (**max. 6 Coaches per club**) (1 Coach per Tatami).

The Coach-cards will be distributed at the team-registration desk on the tournament day.

**Dresscode: Karate-Gi or sportsdress!**

## Equipment

White Karate-Gi (an emblem of the club on the left side is permitted). Bandages need to be approved from the national referee committee. Contact lenses at one's own risk. Eyeglasses are forbidden in all Kumite categories!

### **Obligatory for Kumite :**

- Red and blue belt
- Official red and blue fist protection
- Official red and blue foot protection
- Dental protection
- Cup for male participants
- Chest protector for female participants
- Cadets, Juniors, Seniors: official red and blue shin guard

### **Recommended for Kumite :**

- Body protection for all athletes

### **Permitted for Kumite :**

- Children: Shin guard permitted (red, blue and white)

### **Responsible referee**

Z. Sahin

### **Referees**

Each referee must be registered on [www.sportdata.org](http://www.sportdata.org) **with his level !!** (International, national A, B, C)  
The following indemnity will be applied (per day):

International and National A	100 Euros
National B	80 Euros
National C	60 Euros

### **Protest**

Protests have to be justified and handed in to the National Referee Committee in written form. At the same time a deposit of 180 Euros.- needs to be left. Should the protest be approved, the amount will be refunded.

### **Penalty Points**

Techniques with contact or insufficient control are punished with penalty points (Hansoku –8 points, Chui –3 Points). A score of 11 penalty points (category 1) results in a disqualification of all Kumite categories. Report forms document the fights and are under the surveillance of the responsible Tatami referee. Athletes who win twice as a result of Hansoku are disqualified.

### **Award ceremony**

Should a medal winner be prevented to attend the award ceremony he or his coach needs to ask the National Referee Committee for approval. The National Referee Committee decides whether the given reason is adequate. At the award ceremony the competitor should dress a karate-gi or a sportsdress. By non-compliance the position is denied.

### **Photographer**

Photographers need an official authorization from the organizer (for the tatami area). They should not disturb the course of the tournament.

**Subject to small modifications. All information and detailed time schedules on [www.sportdata.org](http://www.sportdata.org)**

# KATA

## Categories Children (U12, U14)

Start : Saturday 16<sup>st</sup> of June 2012

### Essential is the BIRTHDAY !

Should there be less than 8 athletes in one category, they will automatically be classed in the next higher category of the same age. Is the category already the highest category, then the athletes will automatically be classed in the next lower category.

Each winner is obligated to inform the responsible tournament table immediately after each round.

### KATA INDIVIDUAL

Categories	Appellation	Minimum Level	Age
U12	female	from blue belt 5. Kyu	10-11
	male		
U14	female	from blue belt 5. Kyu	12-13
	male		

Minimum level : **blue** belt (5. Kyu)

**Shobu System, Consolation round with Montreal-System.**

**Qualifying round and Final with flag-system.**

**Different Kata in each round (3 different Kata minimum).**

Tokui-Kata according to the WKF list enlarged with :  
Heian, Pinan, Geki-Sai-Ichi, Geki-Sai Ni (no Shitei-Kata-rounds).

**During the qualifying round the athletes present their Katas at the same time.**

During the qualifying round the athletes present a Tokui-Kata at the same time. Only during the finals the athletes present their Kata one after another.

**The simultaneous participation in two or more categories is not permitted.**

# KUMITE Categories Children (U12, U14)

Start : Saturday 16<sup>st</sup> of June 2012

The weight categories will be determined on the basis of the registrations. Therefore, the exact body weight needs to be declared in the registration form on [www.sportdata.org](http://www.sportdata.org).

**NEW: Weight tolerance: +/- 3000 gram.**

**NEW: Weighing at the competition area.**

**Every child needs to weigh in directly on the tatami.**

**Should the weight tolerance differentiate more than +/- 3000 gram, the athlete is disqualified.**

## **KUMITE INDIVIDUAL**

Categories	Appellation	Minimum Level	Balance weight	Age
<b>U12</b>	Girls	from blue belt 5. Kyu	-32kg, -40kg, +40kg	10-11
	Boys	from blue belt 5. Kyu		
<b>U14</b>	Girls	from blue belt 5. Kyu	-38kg, -47kg, +47kg	12-13
	Boys	from blue belt 5. Kyu		

### **Rules with following adaptations :**

**Shobu System, Consolation round with Montreal-System.**

Duration of the fight: 1 ½ minutes real.

Head (Jodan): Touch is not permitted (fist and foot techniques).

Belly / Back (Chudan): Light touch of the Karategi is permitted but no contact with the body.

**PROTECTION: red and blue fist protection, foot protection, dental protection and cup for male participants obligatory (shin guard permitted)**

Face guard is not permitted in this category.

**The simultaneous participation in two or more categories is not permitted.**

# KATA

## Category Cadets U16 Start : Saturday 16<sup>st</sup> of June 2012

**Essential is the BIRTHDAY !**

Should there be less than 4 athletes in one category, they will automatically be classed in the next higher category of the same age. Is the category already the highest category, then the athletes will automatically be classed in the next lower category.

Each winner is obligated to inform the responsible tournament table immediately after each round.

### KATA INDIVIDUAL

Categories	Appellation	Minimum Level	Age
Cadet U16	female	Blue belt 5. Kyu	14-15
	male		

**Shobu System, Consolation round with Montreal-System.  
Qualifying round and Final with flag-system.  
Different Kata in each round (3 different Kata minimum).**

Tokui-Kata according to the WKF list enlarged with :  
Heian, Pinan, Geki-Sai-Ichi, Geki-Sai Ni (no Shitei-Kata-rounds).

**During the qualifying round the athletes present their Katas at the same time.**

During the qualifying round the athletes present a Tokui-Kata at the same time. Only during the finals the athletes present their Kata one after another.

# KUMITE

## Category Cadets U16 Start : Saturday 16<sup>st</sup> of June 2012

### KUMITE INDIVIDUAL Cadets U16

Minimum Level: Blue belt (5. Kyu)

<b>Male Cadets U16 14-15</b> -52, -57, -63, -70, +70  Shobu System, Consolation round with Montreal-System Weight tolerance (national: +/-100 gram)  Duration of the fight : 2 minutes real	<b>Female Cadets U16 14-15</b> -47, -54, +54  Shobu System, Consolation round with Montreal-System Weight tolerance (national: +/-100 gram)  Duration of the fight : 2 minutes real
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# KATA

## Categories Juniors U18, Seniors 18+, Veterans 40+

Start : Saturday 16<sup>th</sup> of June 2012

### KATA INDIVIDUAL

Categories	Appellation	Minimum Level	Age
<b>U18 Juniors</b>	female	from blue belt 5.Kyu	16-17
	male		
<b>18+ Seniors</b>	female	from blue belt 5.Kyu	18 and older
	male		
<b>40+ Veterans</b>	female	from blue belt 5.Kyu	40 and older
	male		

**Shobu System, Consolation round with Montreal-System**

**Qualifying round and Final with flag-system**

**Different Kata in each round according to the following criteria:**

The number of Kata the athlete needs to present depends on the number of participants in the category. If there are more than 17 participants the athletes need to present Shitei-Kata in the first two rounds (free tickets are counted as a round). From the 3<sup>rd</sup> round onward Tokui Kata (different Kata in each round) has to be presented. During the consolation round the Tokui Kata can be chosen. Only during the finale the athletes present their Kata one after another. During all other rounds the athletes present their Kata at the same time.

Following Shitei-Kata are accepted :

**Shotokan:** Kanku-Dai, Jion

**Shito-Ryu:** Bassai Dai, Seienchin

**Wado-Ryu:** Seishan, Chinto

**Goju-Ryu:** Saifa, Seipai

Tokui-Kata according to the WKF list

### KATA TEAM

Categories	Appellation	Minimum Level	Age
<b>Seniors 18+</b>	female	from blue belt 5.Kyu	18 and older
	male		

**Shobu System, Consolation round with Montreal-System**

**Qualifying round and Final with flag-system**

**Different Kata in each round**

Tokui-Kata according to the WKF list

Bunkai not obligatory (but possible after referee's decision)



<b>Kumite Categories Juniors U18</b> <b>Categories U21, Seniors 18+, Veterans 40+</b> <b>Start : Saturday 16<sup>th</sup> of June 2012</b>
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### KUMITE INDIVIDUAL

Shobu System, Consolation round with Montreal-System

Minimum level blue belt (5. Kyu)

Weight tolerance: +/-100 Gramm

Duration of the fight: 2 minutes real

#### Juniors U18

<b>Male Juniors U18 16-17</b> -55, -61, -68, -76, +76	<b>Female Juniors U18 16-17</b> -48, -53, -59, +59
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#### U21

<b>Male U21 18-20</b> -68, -78, +78	<b>Female U21 18-20</b> -53, -60, +60
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#### Seniors 18+

<b>Male Seniors 18+</b> -60, -67, -75, -84, +84 Final : 3 minutes real	<b>Female Seniors 18+</b> -50, -55, -61, -68, +68 Final : 3 minutes real
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#### Veterans 40+

<b>Male Veterans 40+</b> Final : 3 minutes real	<b>Female Veterans 40+</b> Final : 3 minutes real
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### KUMITE TEAM

Shobu System, Consolation round with Montreal-System

Minimum level blue belt (5. Kyu)

Teams with 3 competitors

Duration of the fights: 2 minutes real

<b>Male Seniors 18+</b> Final : 3 minutes real	<b>Female Seniors 18+</b> Final : 3 minutes real
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# 1<sup>st</sup> Alagas Cup 2012

**Approximative Schedule Saturday, 16<sup>th</sup> of Jun 2012**

**The consolation round and final are immediately after the category**

07:30 Entrance of the athletes and weight control (adult)  
08:30 Briefing of the Referees and Coach-Meeting  
09:00 Start of tournament Kata Individual and Team Kata (adult)  
11:15 Kumite Individual (adult)  
14:30 Kata Individual (children)  
16:00 Kumite (children)  
19:00 Finals Elite  
20:00 Award ceremony