



W K C

WORLD KARATE CONFEDERATION

1

Categories
Juniors
18 – 20 years

The competitors must be the exact age of their group on the day of competition!
No exceptions.

Kata Individual

male & female
(Same rules as for seniors)

Up to 4 competitors per style per federation

Kata Team

male & female
1 team
per federation
per style

In team kata only *one* competitor with the minimum age of 15 years may be used.

All Kata **must be** from the official WKC kata list: *Rules of Karate Competition*
Part D, Article 9, Appendix IV.

Kumite Individual

male & female
(Same rules as for seniors)

Up to 4 competitors per category per federation

Shobu Sanbon (Fighting time: 3 minutes)

Weight categories:

Male: -68 -78 +78 kg
Female: -55 -60 +60 kg

Shobu Ippon (Fighting time: 2 minutes)

Male: Open weight
Female: Open weight

2



Kumite Team

male & female

1 team

per federation

in Shobu Ippon and in Shobu Sanbon